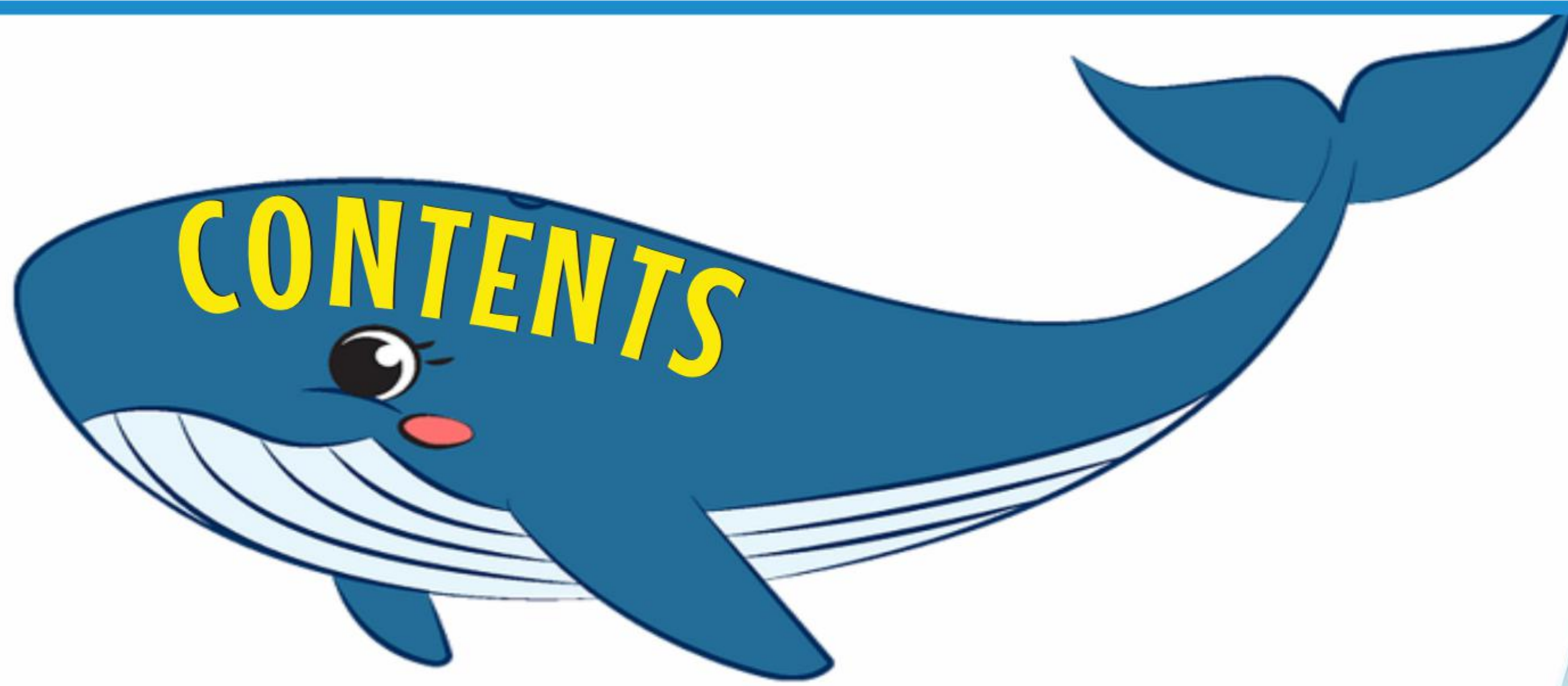


# THE QUIRRO Mag

## THE FROZEN ENDS





## FROM THE PRINCIPAL'S DESK



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IT IS WITH GREAT PRIDE AND A PROFOUND SENSE OF RESPONSIBILITY THAT I ADDRESS YOU THROUGH THE PAGES OF QURIO MAGAZINE, PUBLISHED BY THE DILIGENT AND PASSIONATE STUDENTS OF PODAR INTERNATIONAL SCHOOL, MANGALORE. THIS EDITION, CANTERED AROUND THE THEME "THE FROZEN END," DELVES DEEP INTO THE ICY REALMS OF OUR PLANET — THE POLAR ICE CAPS — AND RESONATES WITH AN URGENT CALL FOR AWARENESS REGARDING THE CLIMATE CHANGE THAT THREATENS THE VERY EXISTENCE OF OUR EARTH.

CLIMATE CHANGE, AN IMMINENT GLOBAL CRISIS, IS NO LONGER A DISTANT THREAT; IT IS UNFOLDING BEFORE OUR EYES, AFFECTING THE DELICATE BALANCE OF OUR ECOSYSTEMS AND THE FUTURE OF GENERATIONS YET TO COME. IT IS HEARTENING TO SEE THE YOUNG MINDS OF PODAR INTERNATIONAL SCHOOL, UNDER THE GUIDANCE OF THEIR DEDICATED TEACHERS, TAKE UP THIS CAUSE WITH SUCH FERVOUR AND COMMITMENT.

IN THE PAGES THAT FOLLOW, YOU WILL FIND A COLLECTION OF ARTICLES, ARTWORK, AND THOUGHT-PROVOKING INSIGHTS THAT EXPLORE THE CURRENT STATE OF OUR POLAR REGIONS, THE ALARMING RATE AT WHICH THEY ARE MELTING, AND THE REPERCUSSIONS THIS HAS ON OUR PLANET. THE STUDENTS HAVE LEFT NO STONE UNTURNED IN THEIR RESEARCH AND PRESENTATION, REFLECTING THEIR DEEP CONCERN FOR THE ENVIRONMENT.

WHAT TRULY STANDS OUT IN THIS EDITION IS NOT JUST THE INFORMATIVE CONTENT BUT ALSO THE RESOUNDING MESSAGE THAT THE RESPONSIBILITY TO PROTECT OUR EARTH RESTS HEAVILY UPON THE SHOULDERS OF THE YOUTH. AS FUTURE LAWMAKERS AND LEADERS OF OUR WORLD, THE STUDENTS OF PODAR INTERNATIONAL SCHOOL MANGALORE ACKNOWLEDGE THEIR DUTY TO SAFEGUARD THE PLANET FOR THE NEXT GENERATION.

IT IS HEARTWARMING TO SEE STUDENTS MOBILIZE, ADVOCATE, AND RAISE THEIR VOICES FOR A SUSTAINABLE FUTURE. THIS EFFORT IS A TESTAMENT TO THE DEDICATION AND TIRELESS SUPPORT PROVIDED BY THE TEACHING STAFF, WHO HAVE NURTURED THESE YOUNG MINDS, EMPOWERING THEM TO BECOME PASSIONATE ADVOCATES FOR CHANGE.

AS WE PERUSE THE PAGES OF "THE FROZEN END," LET US NOT MERELY ABSORB THE INFORMATION PRESENTED BUT ALSO INTERNALIZE THE URGENCY OF THE MESSAGE IT CARRIES. LET US ACKNOWLEDGE THE POWER OF COLLECTIVE ACTION AND THE PROFOUND IMPACT THAT INFORMED AND RESPONSIBLE YOUNG CITIZENS CAN HAVE ON THE WORLD.

I EXTEND MY HEARTFELT APPRECIATION TO THE STUDENTS AND TEACHERS OF PODAR INTERNATIONAL SCHOOL, MANGALORE, FOR THEIR UNWAVERING COMMITMENT TO RAISING AWARENESS ABOUT CLIMATE CHANGE. MAY THEIR EFFORTS SERVE AS AN INSPIRATION TO US ALL, COMPELLING US TO TAKE ACTION AND PRESERVE THE BEAUTY AND VITALITY OF OUR PLANET FOR GENERATIONS TO COME.

WITH GREAT HOPE AND ADMIRATION,  
GIRISH KUMAR  
PRINCIPAL

# Did You Know?

The average ice sheet thickness in Antarctica is 1 mile.

When you are standing on the North Pole, any direction you point is South.

There is no land in the North Pole.



Antarctica nearly doubles in size in the winter months.

The date is different on different sides of the North Pole.

More than 300 large lakes exist underneath the ice sheet in South Pole.

Antarctica is the only continent without reptiles and snakes.

There is no land in the North Pole.

Both the Poles do not have a time zone.



The North Pole does not belong to any country.

Sled dogs have been banned from Antarctica in 1994.

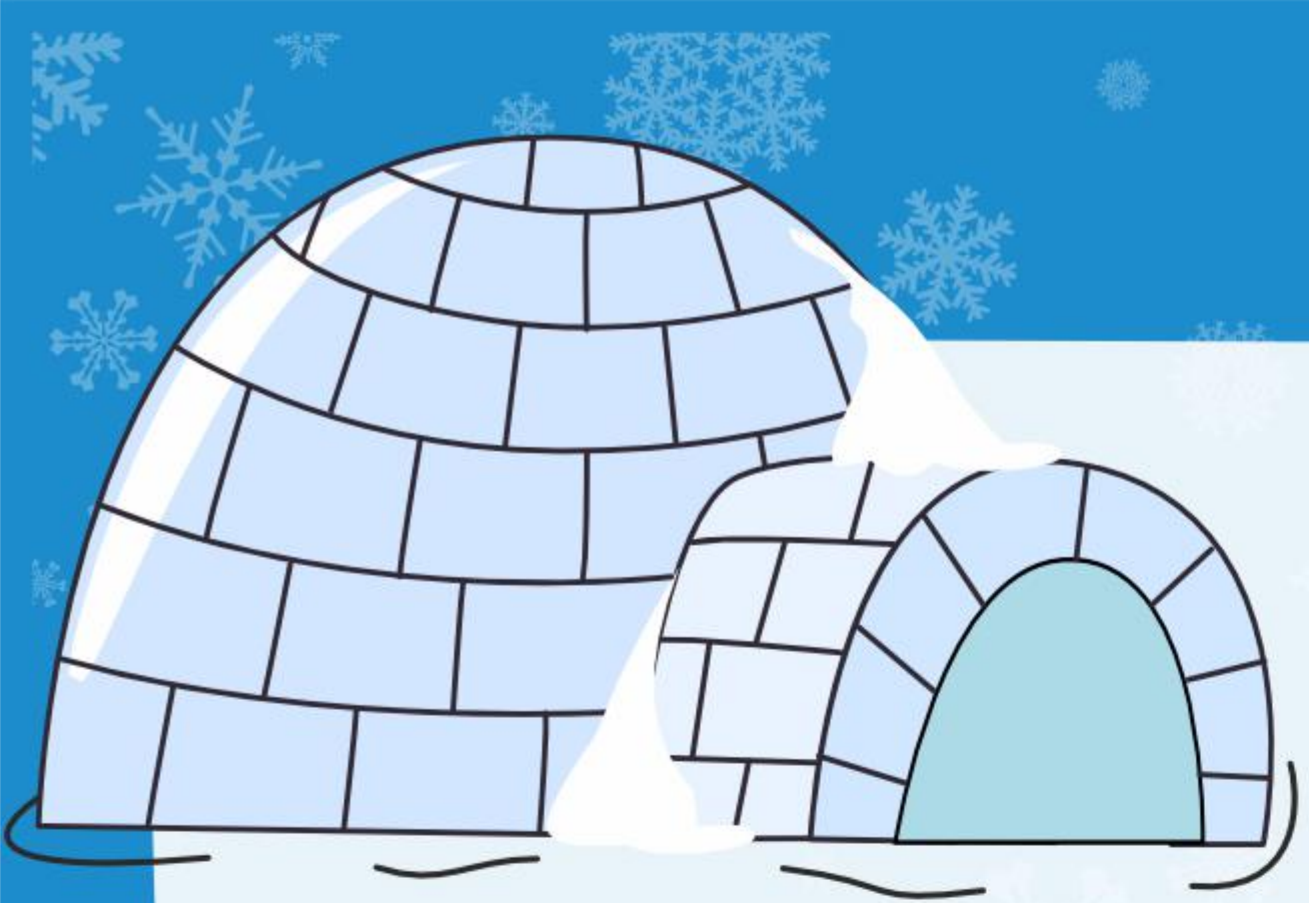
The largest recorded iceberg in South Pole was bigger than Jamaica.

At the North Pole, the sun rises and sets just once a year.



NORTH POLE

SOUTH POLE



## If I lived in an Igloo...

"I have a little secret to share with you all. Are you ready for it? Brace yourselves. Here it goes: I live in an igloo. Yeah, you heard that right! Yours truly is the proud resident of a frozen fortress. And let me tell you, life in an igloo is like living in a never-ending circus of comedy.

First things first, insulation. People worry about keeping their homes warm, but not me! I've got the ultimate insulation system. It's like living in a giant marshmallow—minus the stickiness, of course. You know that feeling when you're all cozy under your blankets, and you can't be bothered to get out of bed? Well, imagine that feeling 24/7! It's like a perpetual snuggle-fest, with icicles.

Now, let's talk about the perks of igloo living. Interior design, anyone? I've got all the ice patterns you can dream of. Who needs wallpaper when you can have natural ice art? Plus, my furniture is top-notch. Ice chairs, ice tables—everything is made of ice! Just don't forget to bring a cushion, or you'll end up with a frostbitten bottom. Trust me, it's not a pleasant experience.

Oh, and let's not forget about the neighbors. You think your neighbor's dog barking is annoying? Try having a polar bear stroll by your front door. They're actually pretty friendly, though. I mean, who needs a guard dog when you've got a 1,500-pound furry buddy keeping watch? It's like having your very own security detail, minus the uniform.

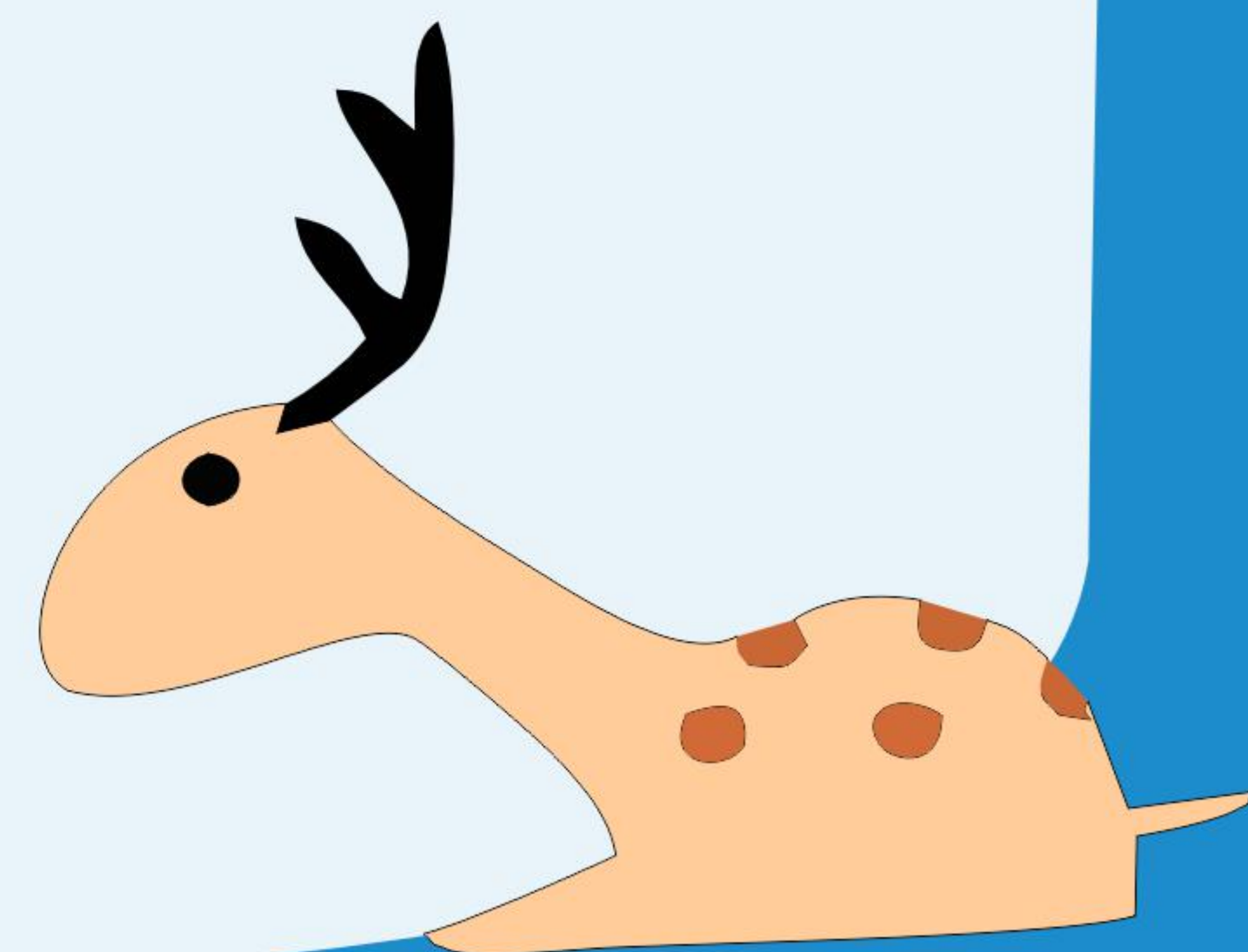
But the absolute best part about living in an igloo? The icebreaker jokes. I've got a whole repertoire of those. 'Hey, wanna come over for some ice cream? It's always fresh!' or 'I'll be your cool neighbor, just don't expect me to shovel any snow.' Trust me, those jokes never get old. They're like the ice blocks that make up my home—always there to bring a smile.

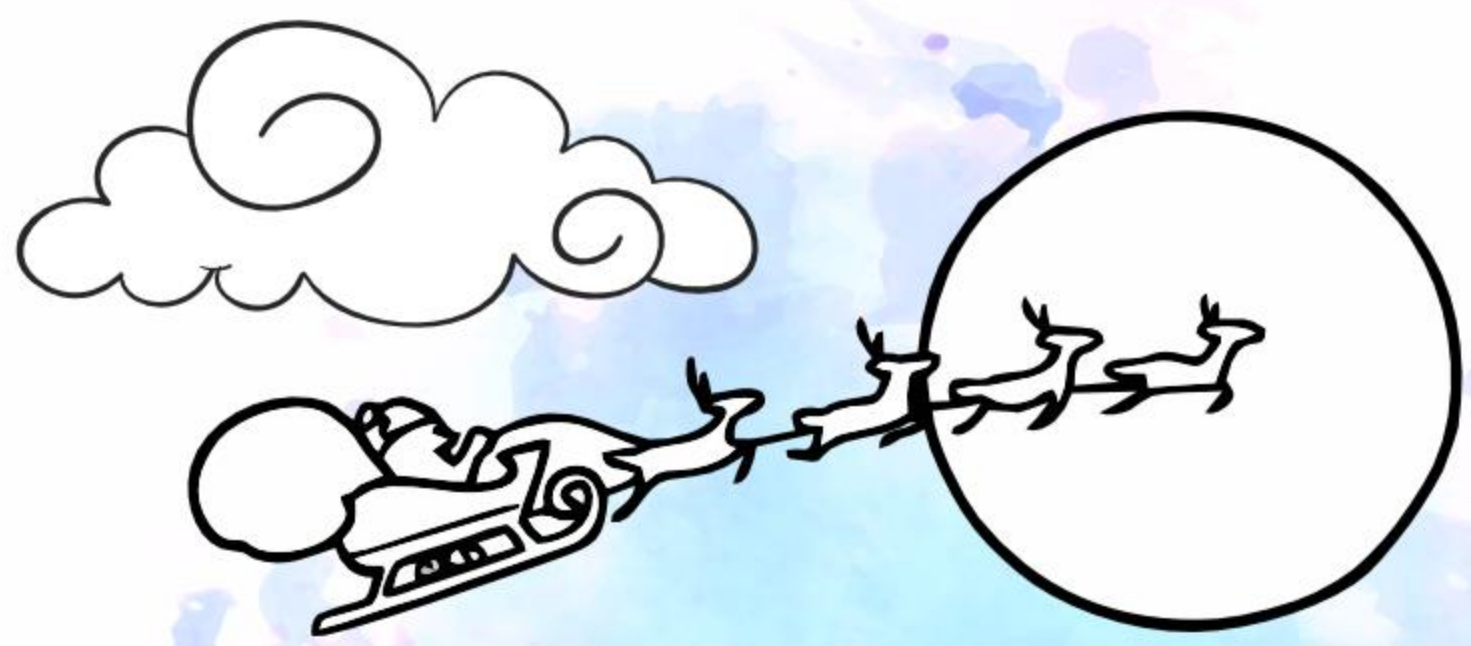
Now, let's talk about the challenges. Cooking can be quite an adventure in an igloo. Forget about ovens and stoves. I have to rely on my trusty ice cube tray and a blowtorch. Who needs a Michelin-starred restaurant when you can have a DIY ice cuisine experience? Let's just say my culinary skills have reached new heights—or should I say, new freezing points?

And don't even get me started on the morning routine. Ever tried brushing your teeth with frozen toothpaste? It's like trying to squeeze a Popsicle. Dental hygiene has never been more challenging, but hey, I'm always ready to face the icy obstacles.

So, next time you're complaining about your heating bill, just remember, there's someone out there cracking jokes in a frozen paradise. Thanks, folks! Stay frosty!"

**-SHRINIDHI KUDREPPADY  
IX**





# The Elves Save the Day!



was the biggest moment of the year at the North Pole. All eight reindeer were hitched up, and Santa's sleigh was flying across the Christmas Eve sky.

The elves waved good-bye, cheering for Santa and the reindeer as they began their trip to deliver toys.

Well, let's go back to the workshop," Burt said to the elves. "It's time for us to clean up for the day."



As the elves put away their tools and swept the floor, Bud realised that a teddy bear little Jessica wanted for Christmas had been left behind.



"Oh, no!" Bud said. "We accidentally put a stuffed puppy dog in Santa's bag for Jessica instead of a teddy bear!"

Bud quickly called Santa on the reindeer radio to tell him the bad news.

I  
t

"Jessica will be heartbroken if she gets a stuffed puppy dog instead of a teddy bear," said Santa. "Why don't you and the elf emergency crew meet me at my next stop and bring Jessica's teddy bear."

So Bud and the elf emergency crew took off on their flying reindeer with the teddy bear to meet Santa's sleigh.

They flew all around the world until Bud spotted Santa's sleigh on a house rooftop delivering toys.



"There's Santa's sleigh!" exclaimed Bud. "Let's go!"

The elf emergency crew quickly landed their reindeer on the rooftop and Bud delivered the teddy bear to Santa Claus.

"Ho! Ho! Ho!" Santa laughed. "Jessica will be so happy to receive this teddy bear. You elves have saved the day!"





# Animals of the Arctic and Antarctic



## EMPEROR PENGUIN

Emperors are uniquely adapted to survive these harsh conditions when temperatures can drop down to a bone chilling  $-50^{\circ}\text{C}$  and with winds of up to 200km/hr. They have two layers of feathers, a good reserve of fat and proportionally smaller beaks and flippers than other penguins to prevent heat loss.



## MACARONI PENGUIN

Macaroni penguins have solid bones as opposed to hollow bones. The adaptation of greater bone weight allows for deeper and longer underwater dives. Other adaptations that increase swimming ability include webbed feet and a tail that improves steering.



## WEDDELL SEAL

Weddell seals keep breathing holes in the ice open by rasping back and forth with their teeth, this allows them to live further south than any other mammal. They can swim large distances between breathing holes and cracks, finding the next hole using a form of sonar with high pitched sounds.



## ANTARCTIC ORCA

AdaptationThe killer whale has adapted to live underwater freely, being able to dive at least 100 meters deep for 3-4 minutes. It also has developed a large amount of blubber (fat of sea mammals) which assists it in maintaining its body heat and survive in cold environments such as the Antarctic.



## ARCTIC FOXES

Their muzzle, ears, and legs are short, which also conserves heat. Of course, the defining feature of the Arctic fox is their deep, thick fur which allows them to maintain a consistent body temperature. Arctic foxes also have thick fur on their paws, which allows them to walk on both snow and ice



## ARCTIC HARES

The Arctic hare survives with shortened ears and limbs, a small nose, fat that makes up close to 20% of its body, and a thick coat of fur. It usually digs holes in the ground or under the snow to keep warm and to sleep.



**-SHRIKKA KUDREPPADY**

III



# Riddle Time!

1.

What falls in the winter but never gets hurt?



2.

These keep your hands warm and nice and protect them from cold ice.



3.

I'm big and white and furry  
And I like to swim and run  
I eat seals for my meals



4.

I'm the light in the day or night  
I can be seen in many shades of green. But to see me, you must go forth to the North.  
What am I?



5.

If you went to Antarctica you would see a lot of me  
I float on top of the water  
Am as cold as it can be.



6.

If you come to the Arctic you will see me everywhere, I am pulled by huskies to slide downhill. What am I?



8.

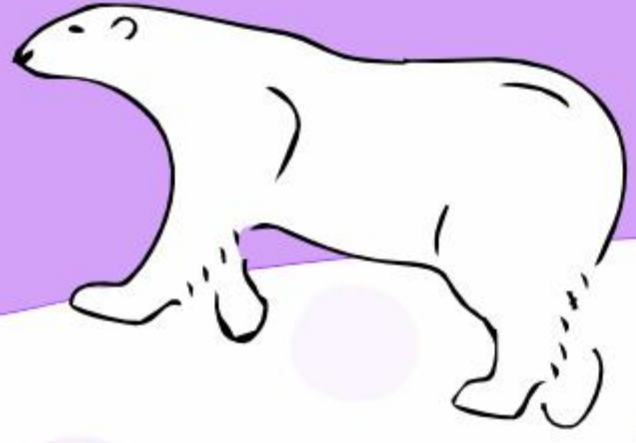
You can slide down the mountain when you put me on, I can be made from plastic, steel & sometimes I'm wooden.  
What am I?



Answers:  
1. Snow, 2. Gloves, 3. Polar Bear,  
4. Northern lights, 5. Ice, 6. sledge,  
7. Penguins only live in Antarctica, 8. Skis



# If I Came across a Polar Bear...



Folks, prepare yourselves for a story that combines the wild and the hilarious. Picture this: I'm out exploring the breathtaking Arctic landscape when, out of nowhere, I stumble upon a polar bear. Yeah, you heard that right—a genuine, larger-than-life polar bear! Now, most people would panic, but not me. I saw it as an opportunity for an unforgettable comedy encounter.

So there I am, face to face with this magnificent creature. And you know what? The polar bear looks at me with these curious eyes, as if asking, "What's a human doing in my neck of the frozen woods?" It was like a scene from a comedy movie, and I decided to seize the moment.

Now, I'm no stranger to stand-up comedy, so I figured, why not give it a shot with my new-found polar bear audience? I start with a classic icebreaker joke, something along the lines of, "Why did the polar bear bring a mop to the party? Because it wanted to break the ice!" The bear glances at me, seemingly intrigued.

Encouraged by its response, I dive into a full-blown comedy routine, with the polar bear as my unexpected comedic partner. We riff on everything from global warming to the challenges of swimming in freezing waters. The bear even adds its own brand of physical comedy, showcasing some impressive dance moves on its hind legs.

Word spreads among the Arctic wildlife, and soon enough, I find myself performing in front of an audience of penguins, seals, and even a couple of curious walruses. It's like a wildlife comedy club, with the polar bear as the headliner and me as its trusty sidekick.

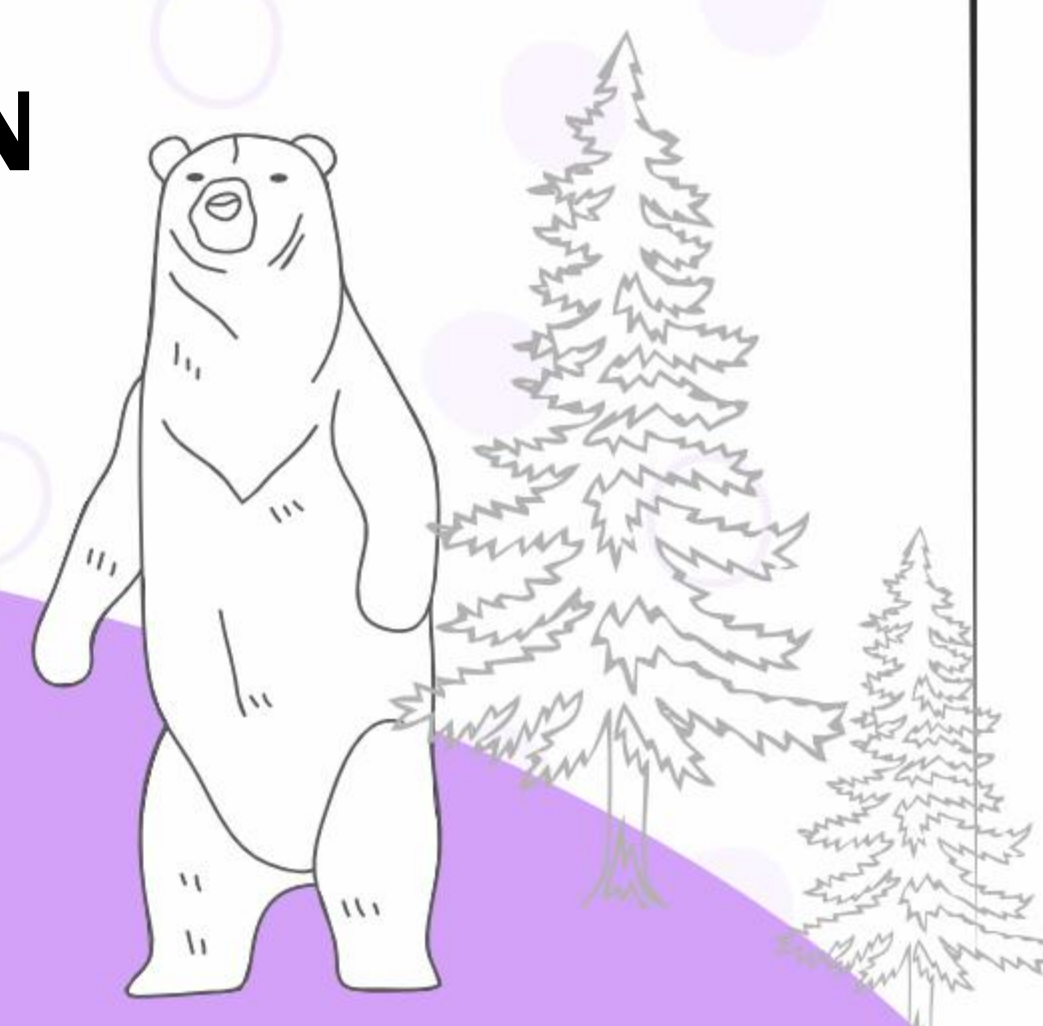
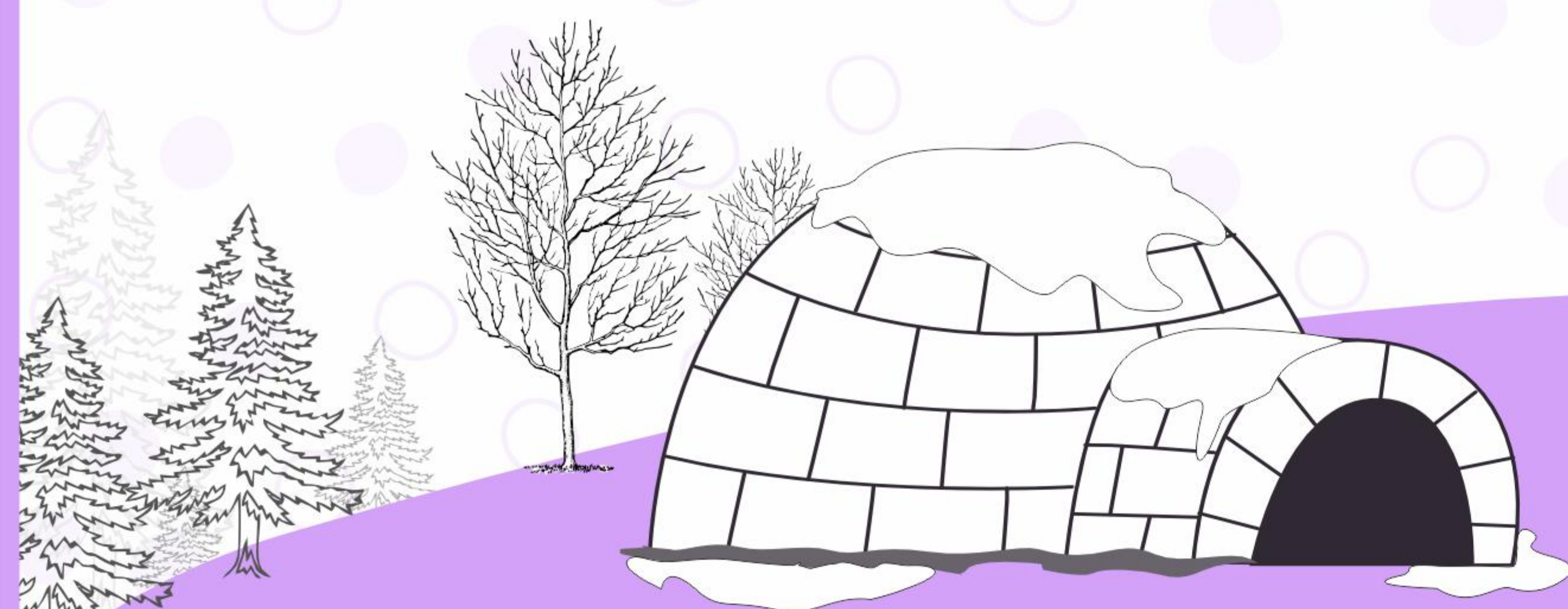
We bond over shared experiences, like the struggles of hunting fish in icy waters and the absurdity of trying to sneak up on a seal while being as white as snow. The laughter echoes across the frozen tundra, creating a harmonious symphony of comedy and joy.

But the most incredible part? The polar bear has an impeccable sense of timing. It knows exactly when to pause for comedic effect, giving its punchlines the perfect dramatic flair. It's like performing with a natural-born comedian who just happens to have fur and sharp claws.

As the comedy routine comes to an end, the polar bear and I exchange a knowing smile, a shared moment of laughter that transcends species. We part ways, forever connected by the memory of our unlikely comedy collaboration.

So, my friends, the next time you think stand-up comedy is limited to humans, remember my encounter with that polar bear. Laughter knows no boundaries, not even the vast expanse of the Arctic. Thank you, folks, for joining me on this wild and hilarious adventure. Stay adventurous, stay funny!

-AANYA C AMIN  
X





# Interesting Facts About Penguins

The black and white "tuxedo" look donned by most penguin species is a clever camouflage called countershading.

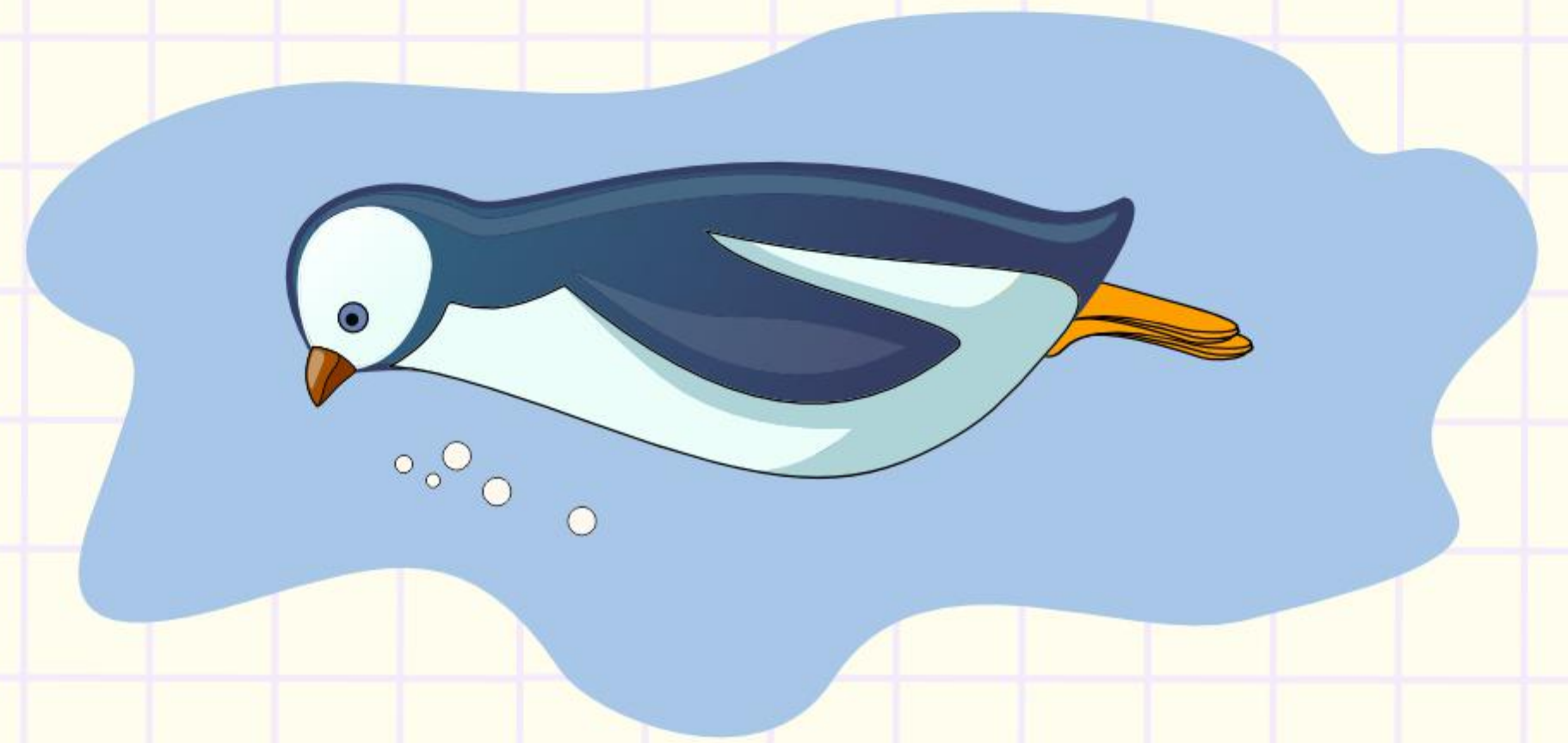
*(When swimming, the black on their backs helps them blend in with the darkness of the ocean from predators viewing from above. Their white bellies help them blend in with the bright surface of the ocean when viewed by predators and prey from below.)*

Penguins evolved to fly underwater.

*(Most birds have hollow, air-filled bones to help them stay light for flight. Penguins adapted with solid bones instead. This helps them swim because solid bones reduce buoyancy—the tendency to float.)*

Many male penguins gift female penguins with rocks in order to woo them.

*(The ladies use these rocks to build a nest.)*



Penguin feet are adapted to walk long distances.

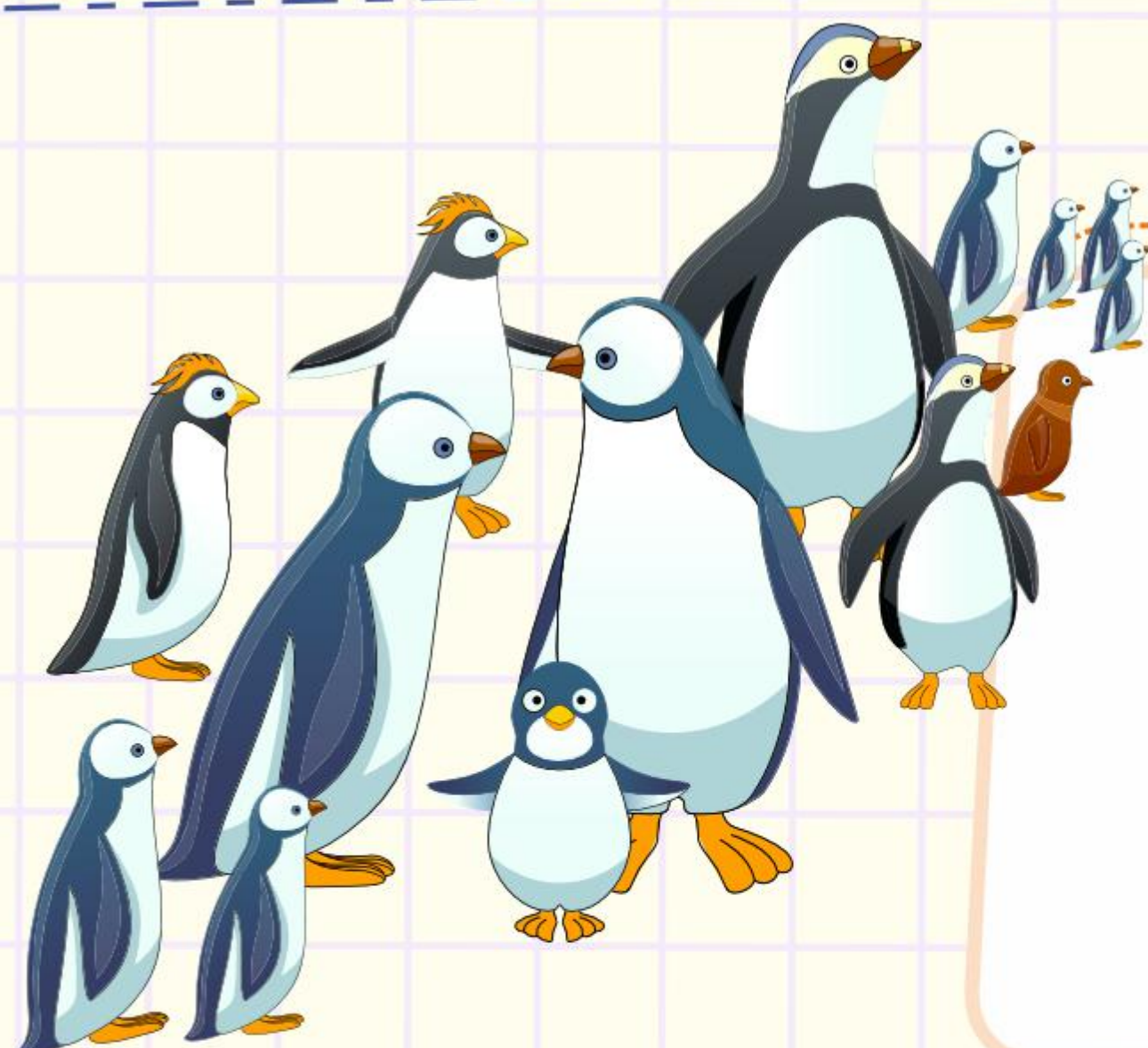
*(Some species of penguins can march up to about 60 miles across sea ice to get to their breeding grounds. Penguin feet are also adapted to help the birds steer while swimming. They use their feet like rudders, angling them to help control direction.)*

Contrary to many popular holiday cartoons, you'll never see penguins and polar bears together in the wild.

*(That's because penguins live south of the equator while polar bears north of the equator in the Arctic!)*

A penguin's thick feathers aren't the only way this bird stays warm.

*(A gland near the base of its tail provides waterproof oil. Penguins spend several hours each day covering their feathers with this oil and give extra attention to the task before swimming.)*



Penguins may huddle together for several reasons.

*(This behaviour helps these birds protect themselves from predators. In frigid habitats, huddling helps penguins retain warmth.)*

# Glaciers and Climate Change



Glaciers, also known as majestic rivers of ice, have become a symbol of the impacts of climate change. These frozen rivers, which have shaped landscapes for aeons, are now melting at an alarming pace, largely due to rising global temperatures.

Glaciers serve as a vital indicator of our planet's health. Their behaviour reflects the delicate balance between snow accumulation and ice loss. Unfortunately, due to the alarming increase in temperature, these glaciers are melting at a faster, more dangerous, and more unhealthy rate. The primary driver of glacier shrinkage is human-induced global warming. As the atmosphere warms due to the excessive use of greenhouse gases, glaciers worldwide are losing more ice than they gain. This has numerous negative implications for ecosystems, water resources, and coastal communities.

Glaciers are integral to many ecosystems, providing fresh water for rivers and lakes. As they diminish, so does the availability of water for both nature and people. Additionally, the runoff from melting glaciers contributes to rising sea levels, posing a significant threat to coastal regions. Also, the disappearance of glaciers can cause imbalances in the polar inhabitants. Global warming has caused the displacement of many animals that once resided in the Arctic and Antarctic regions.

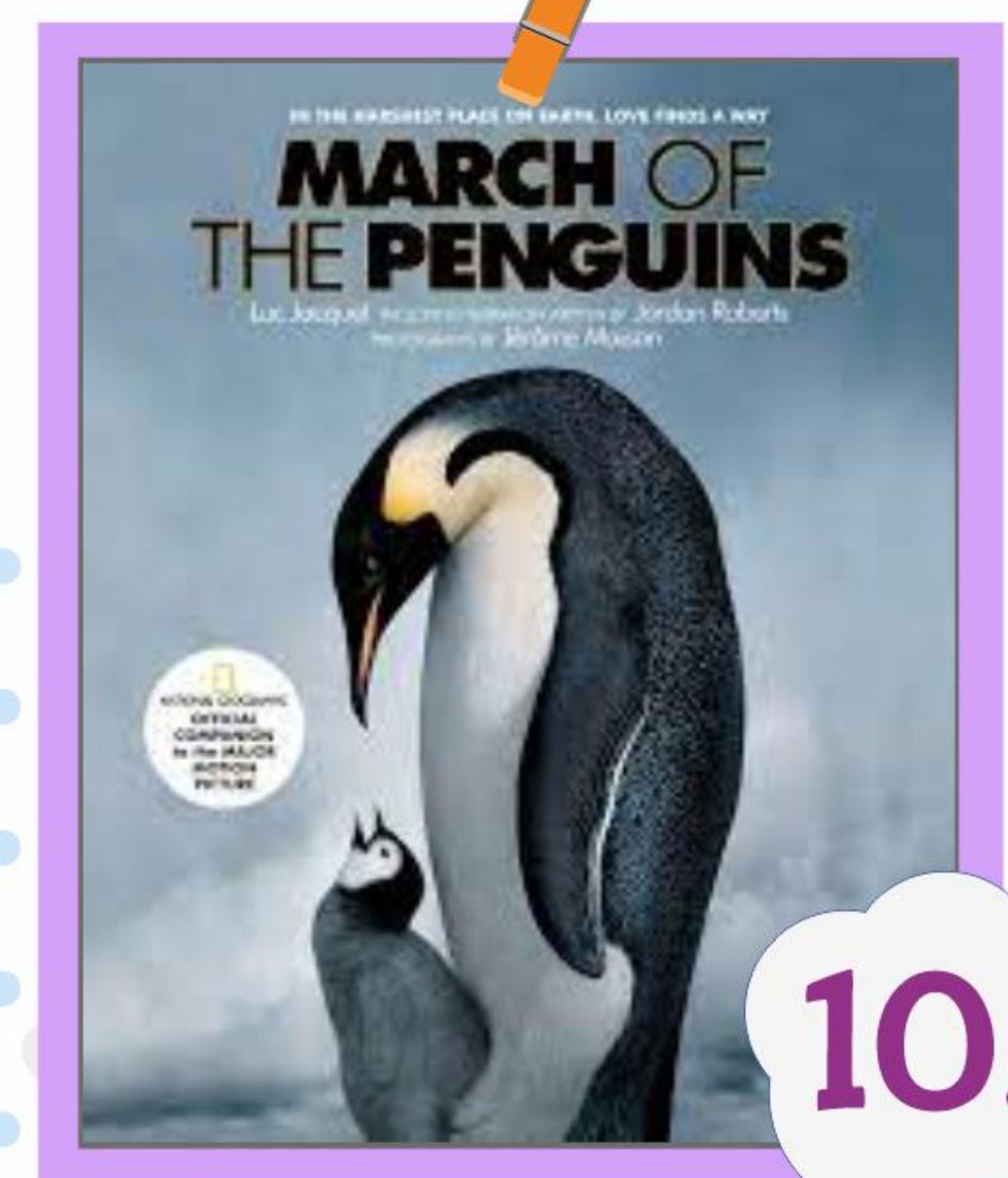
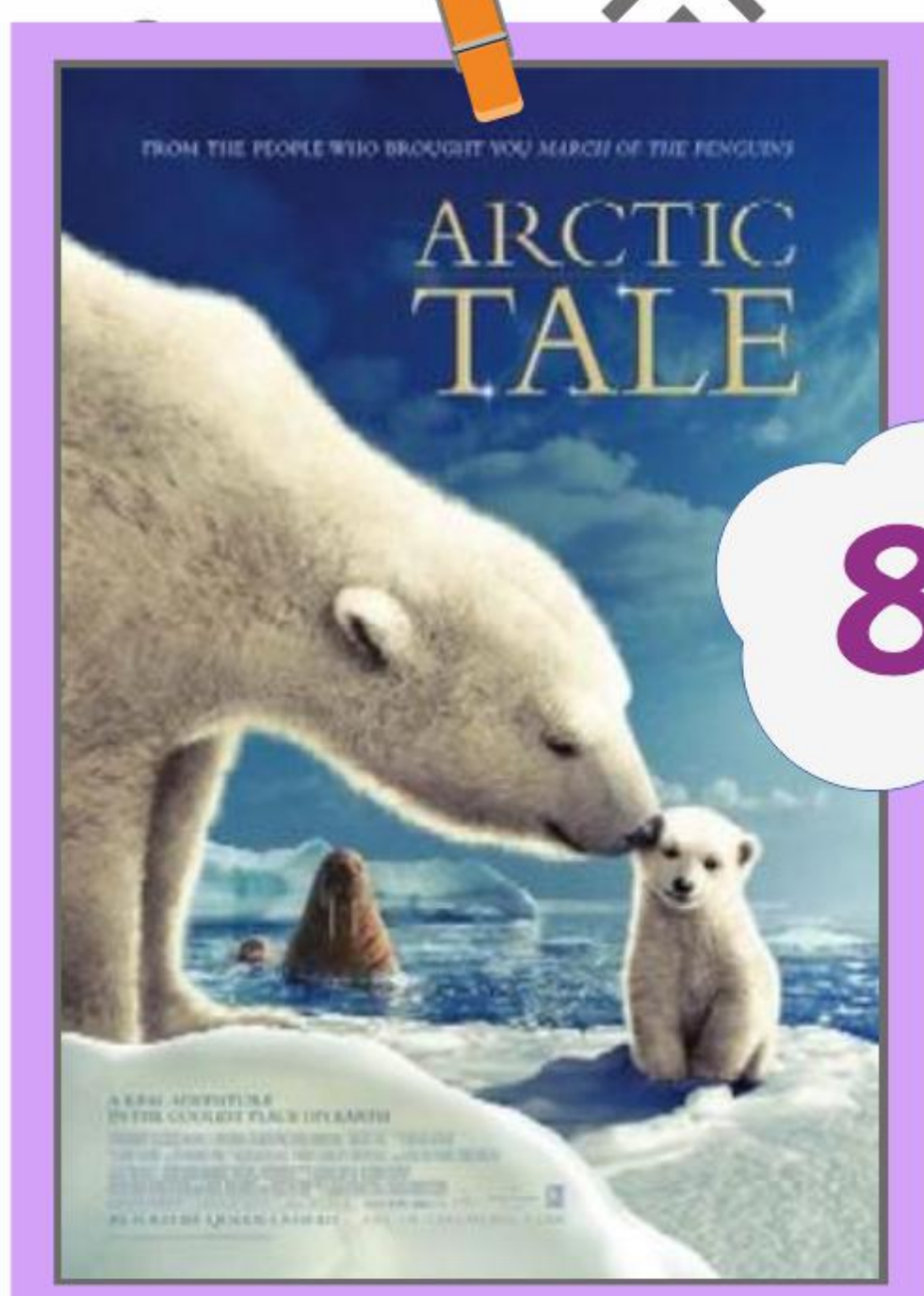
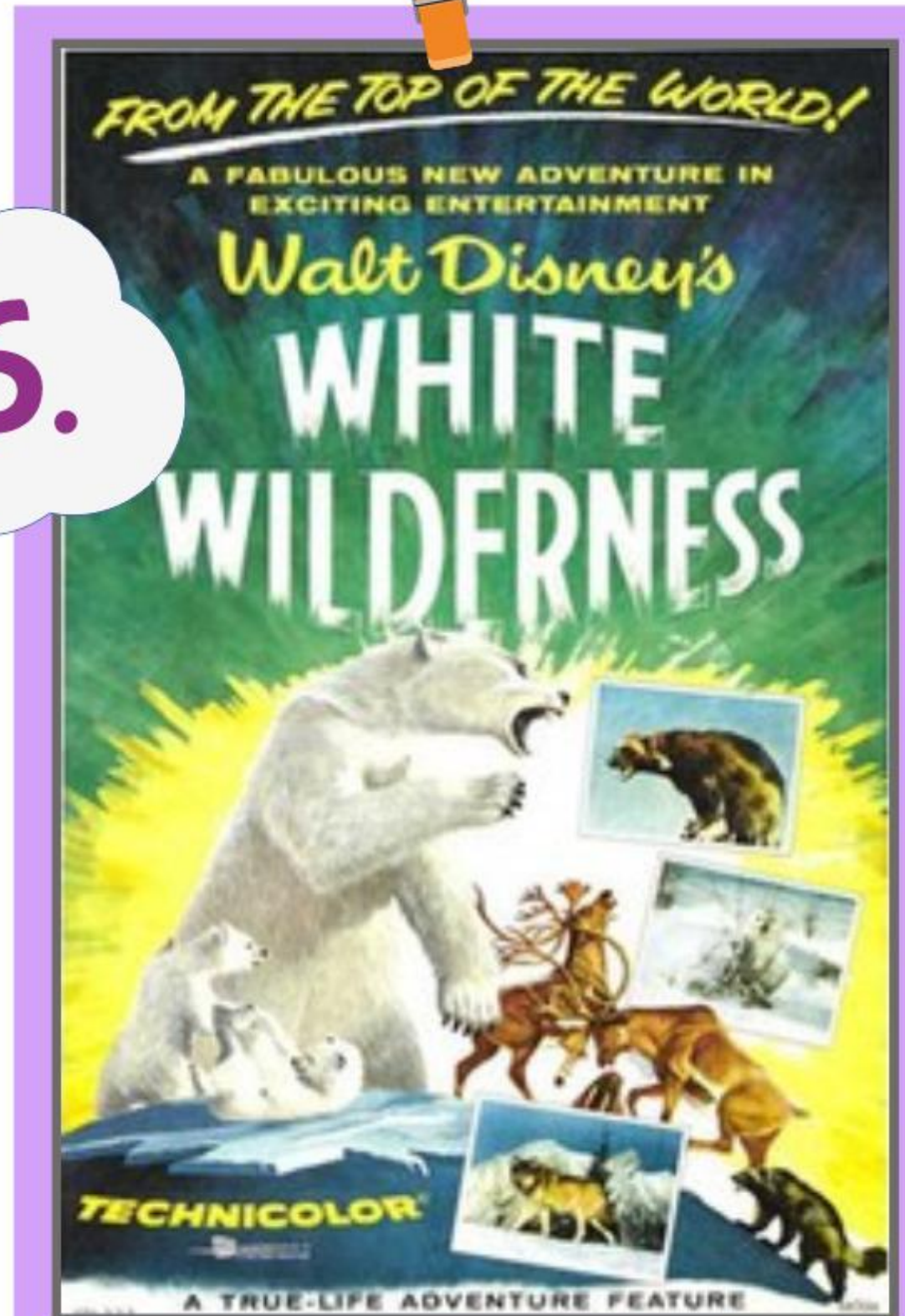
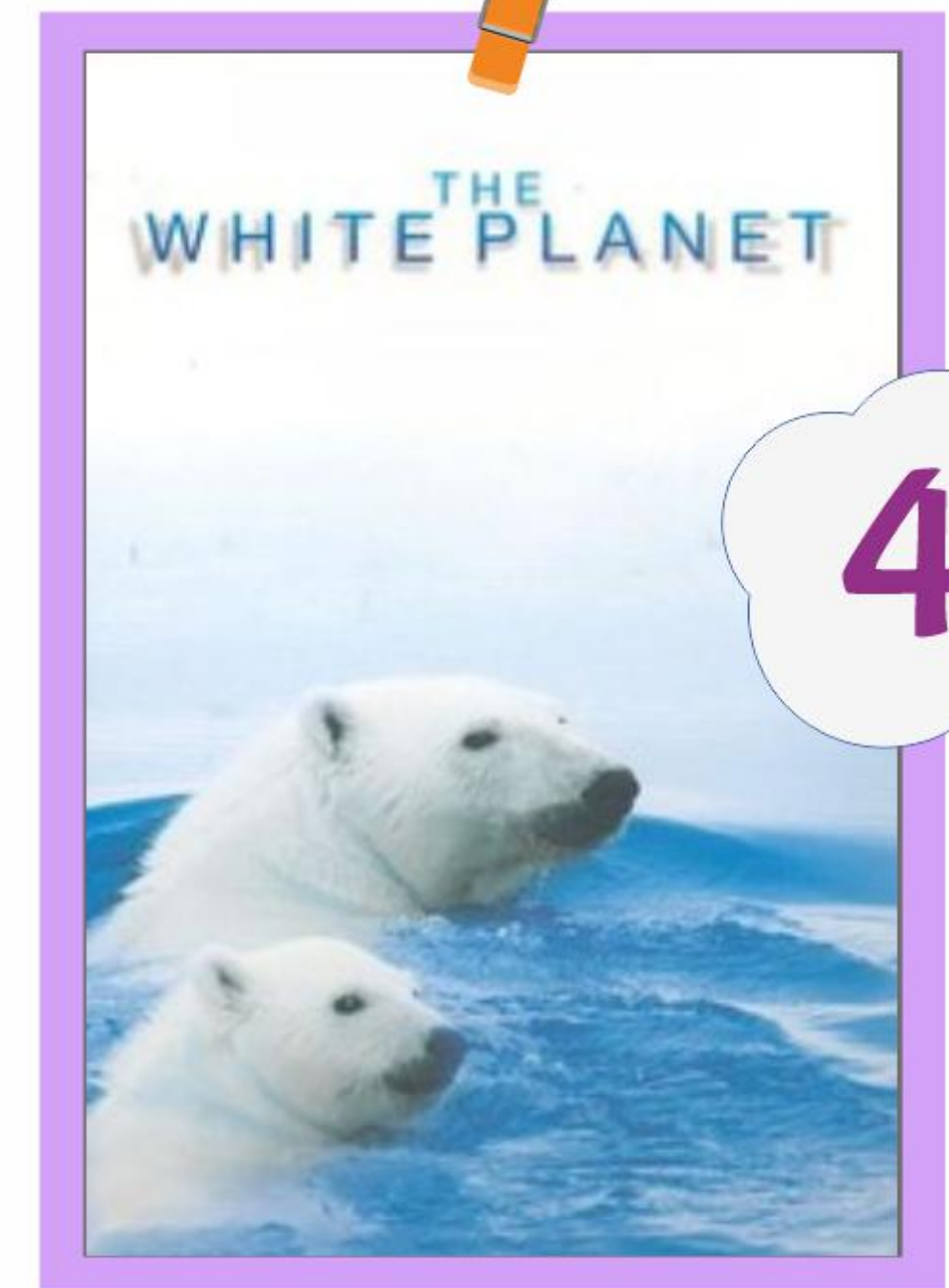
In essence, glaciers are sentinel features of our changing climate. Their retreat is a stark reminder of the urgent need to address climate change and reduce greenhouse gas emissions before these frozen wonders vanish, leaving a lasting impact on our planet and future generations.

-SHAMBHAVI KARTHA

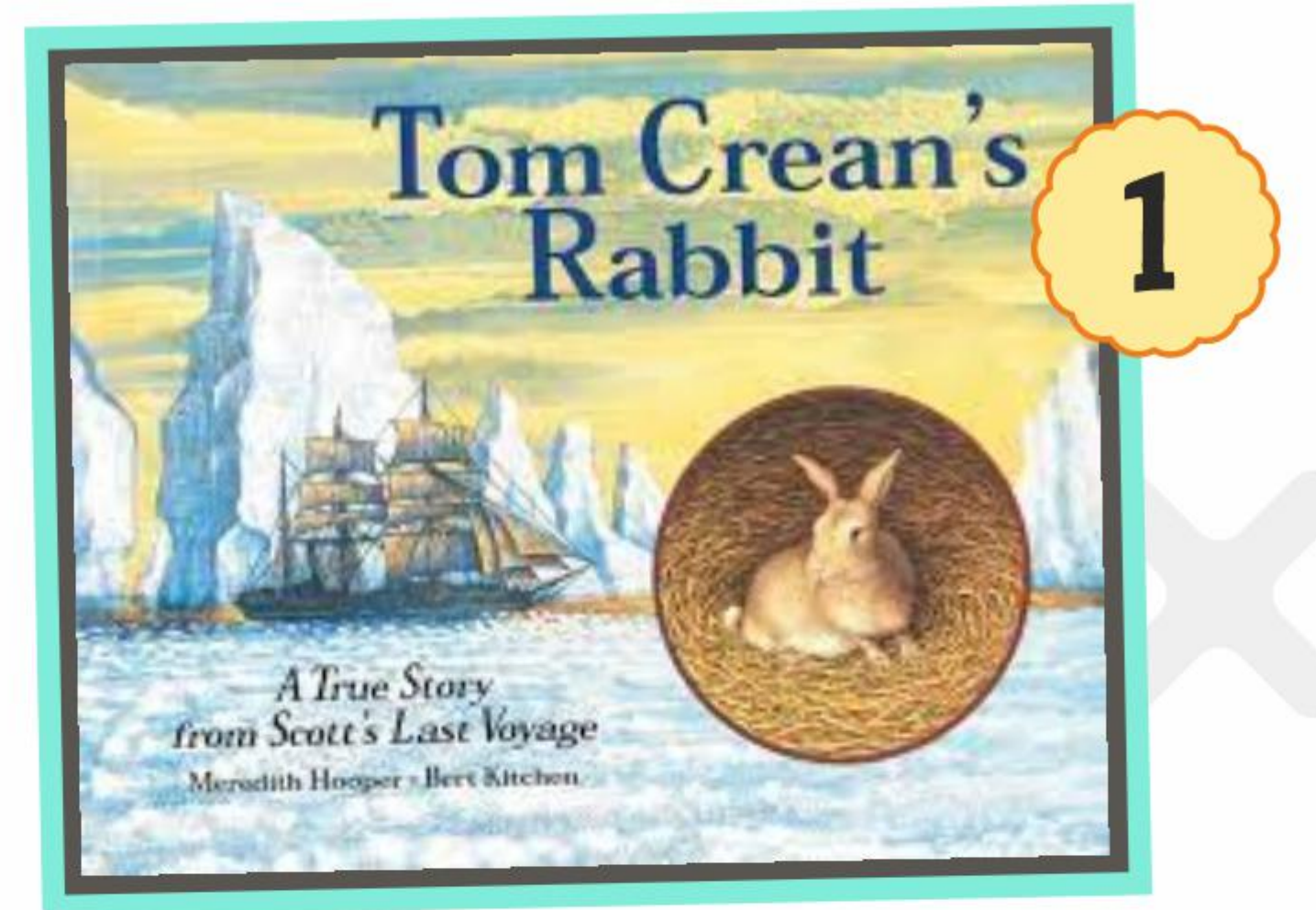
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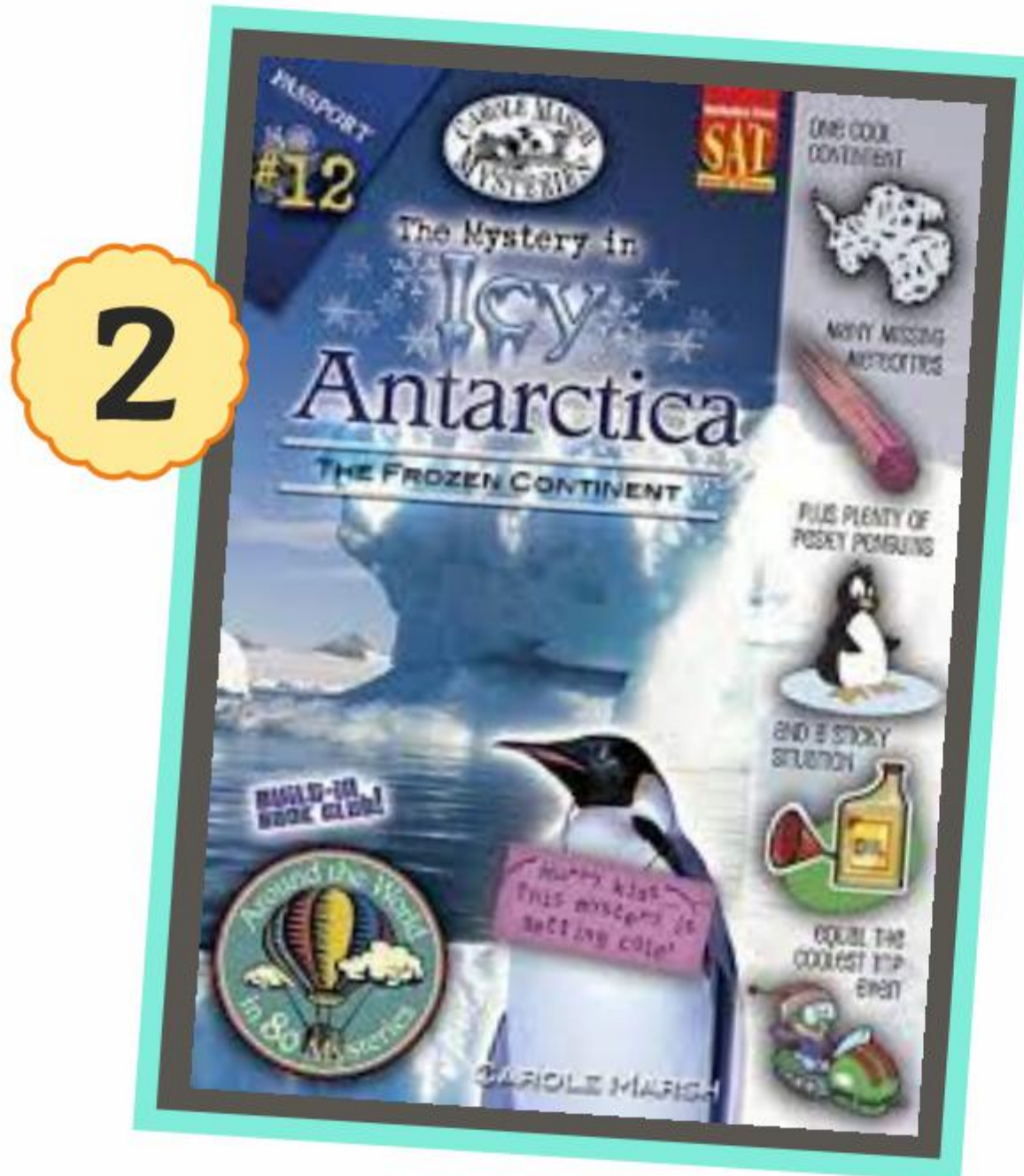
# Movie Recommendations



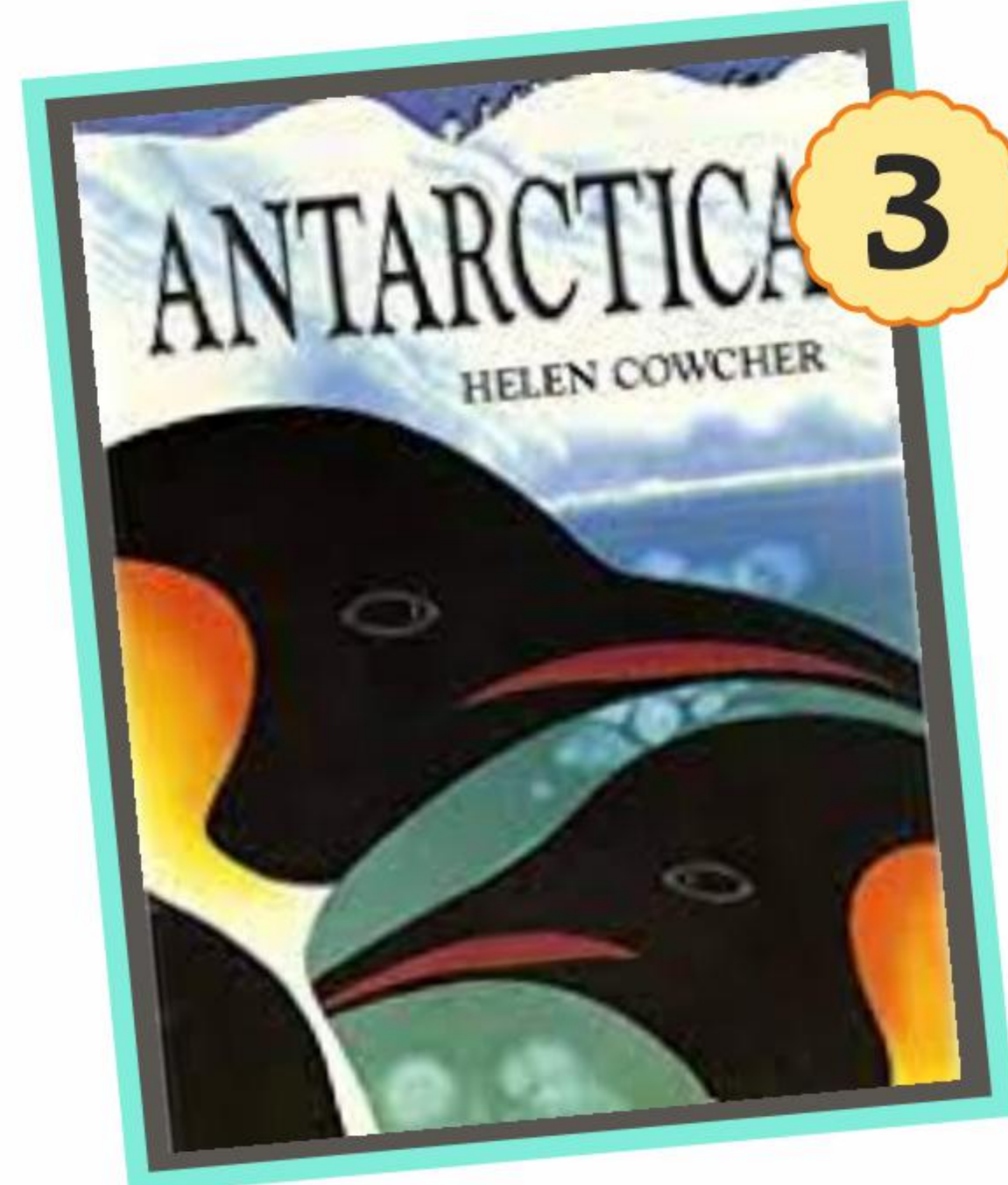
# Book Recommendations



**Tom Crean's Rabbit**  
By Meredith Hooper



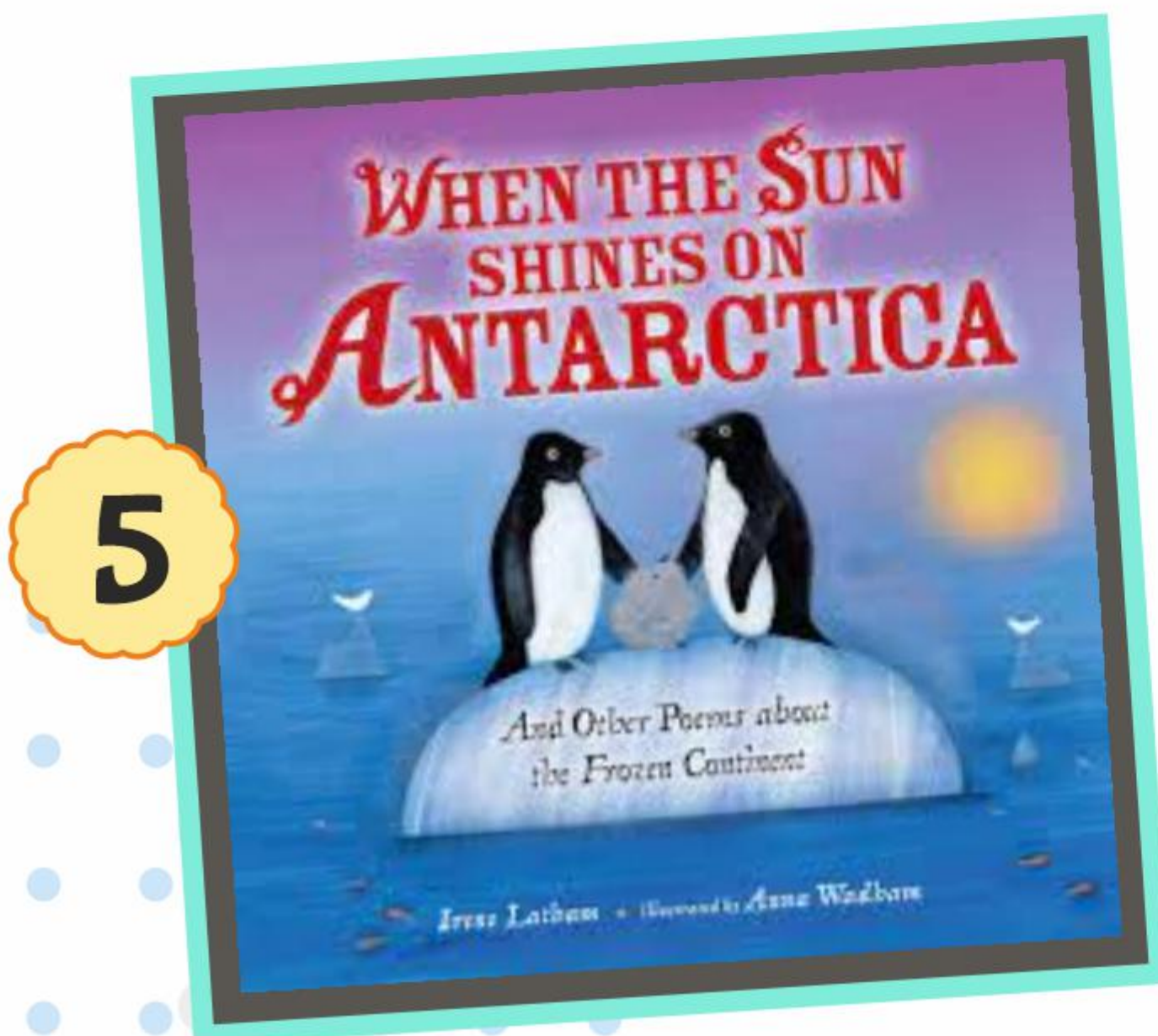
**The Mystery in Icy Antarctica**  
By Carole Marsh



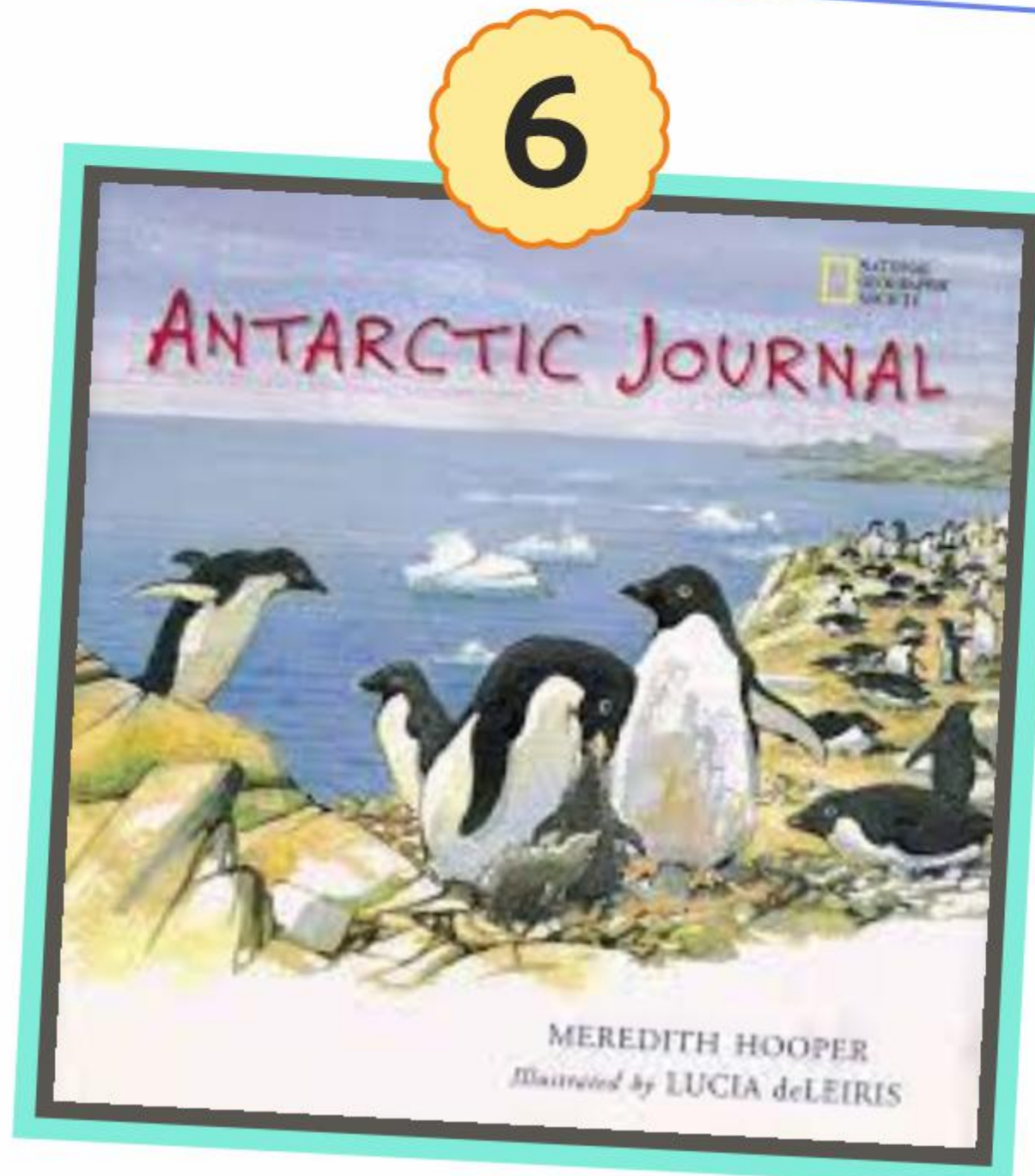
**Antarctica**  
By Helen Cowcher



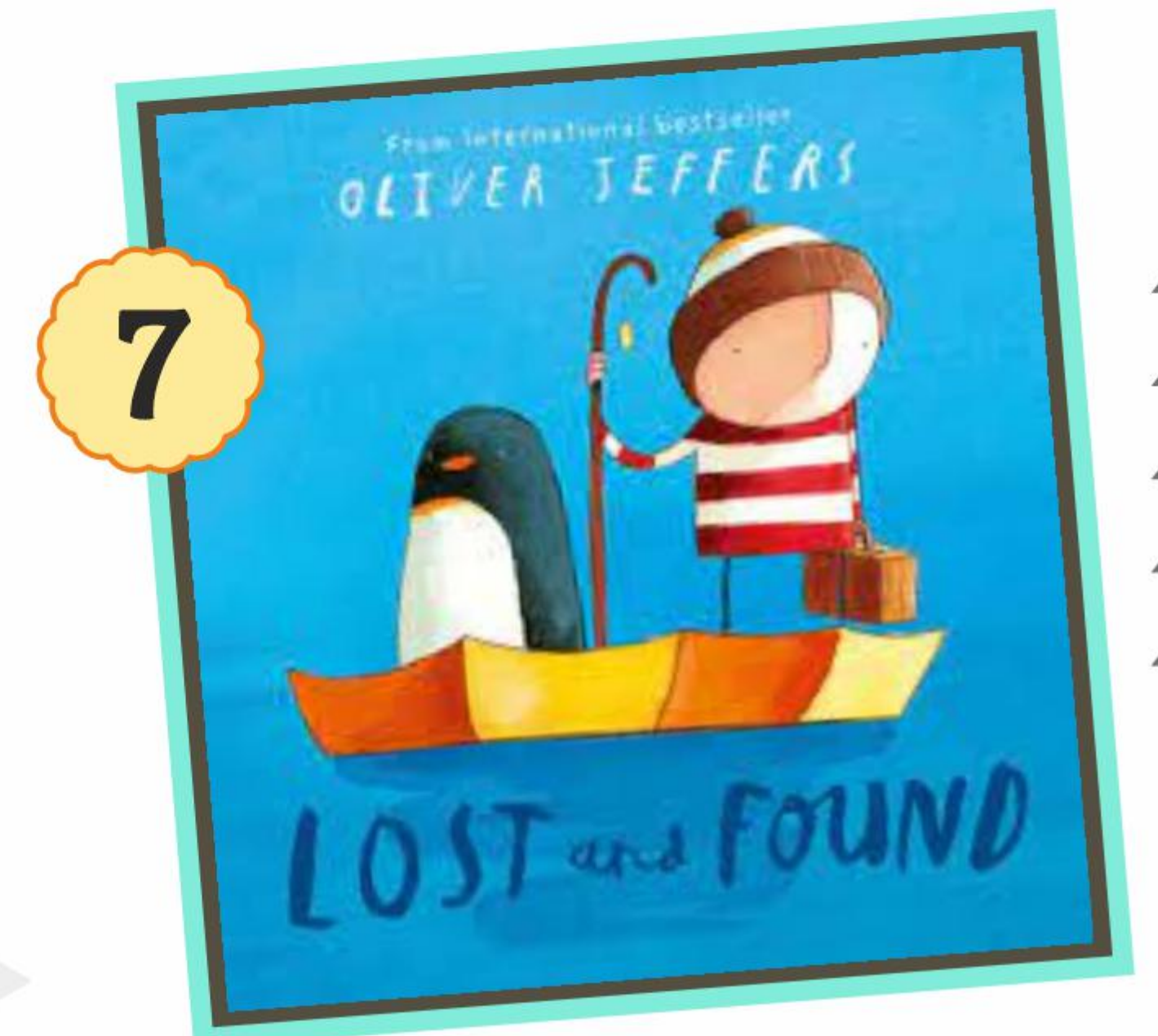
**Ice Wreck**  
By Lucille Recht Penner



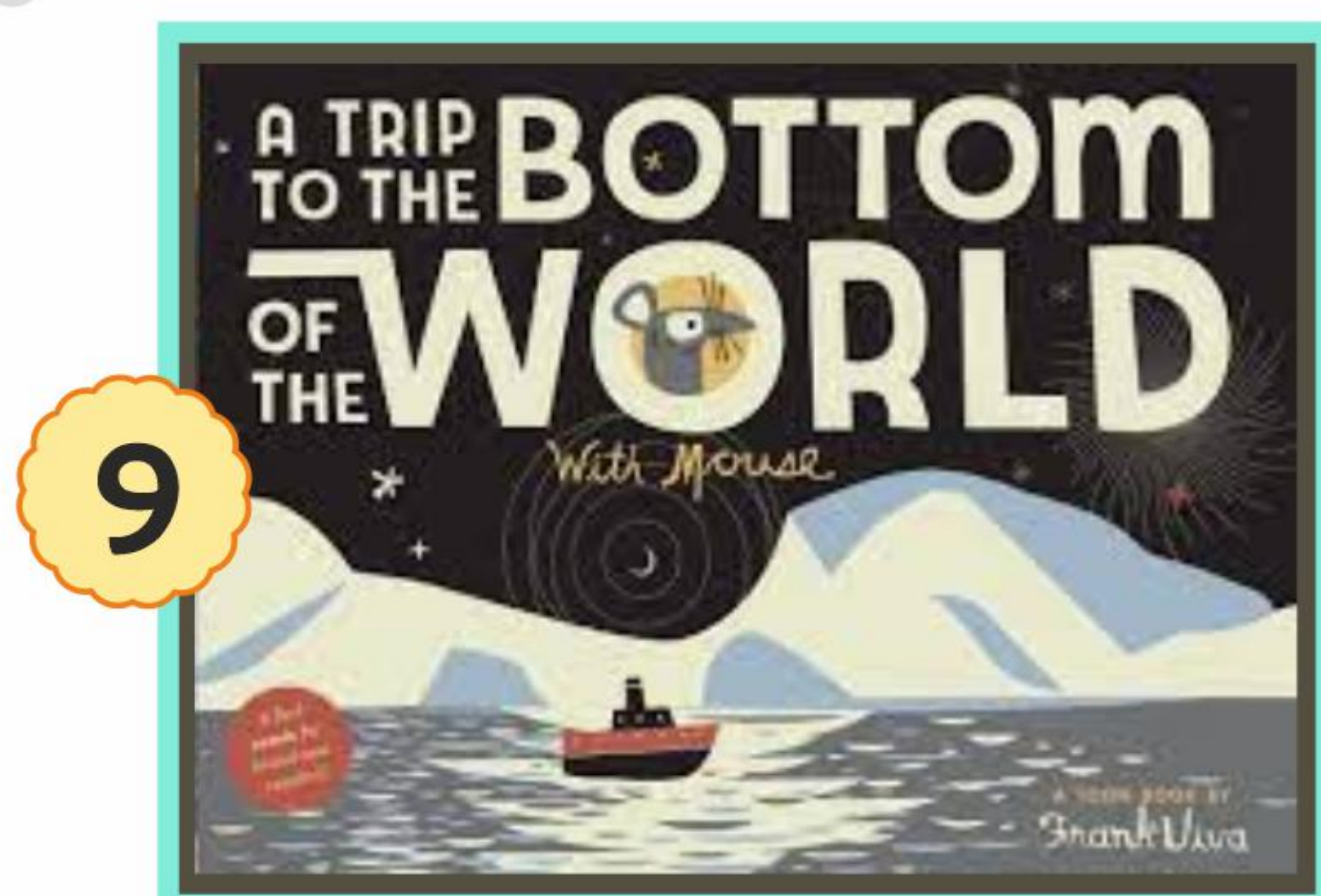
**When the Sun Shines on Antarctica**  
By Irene Latham



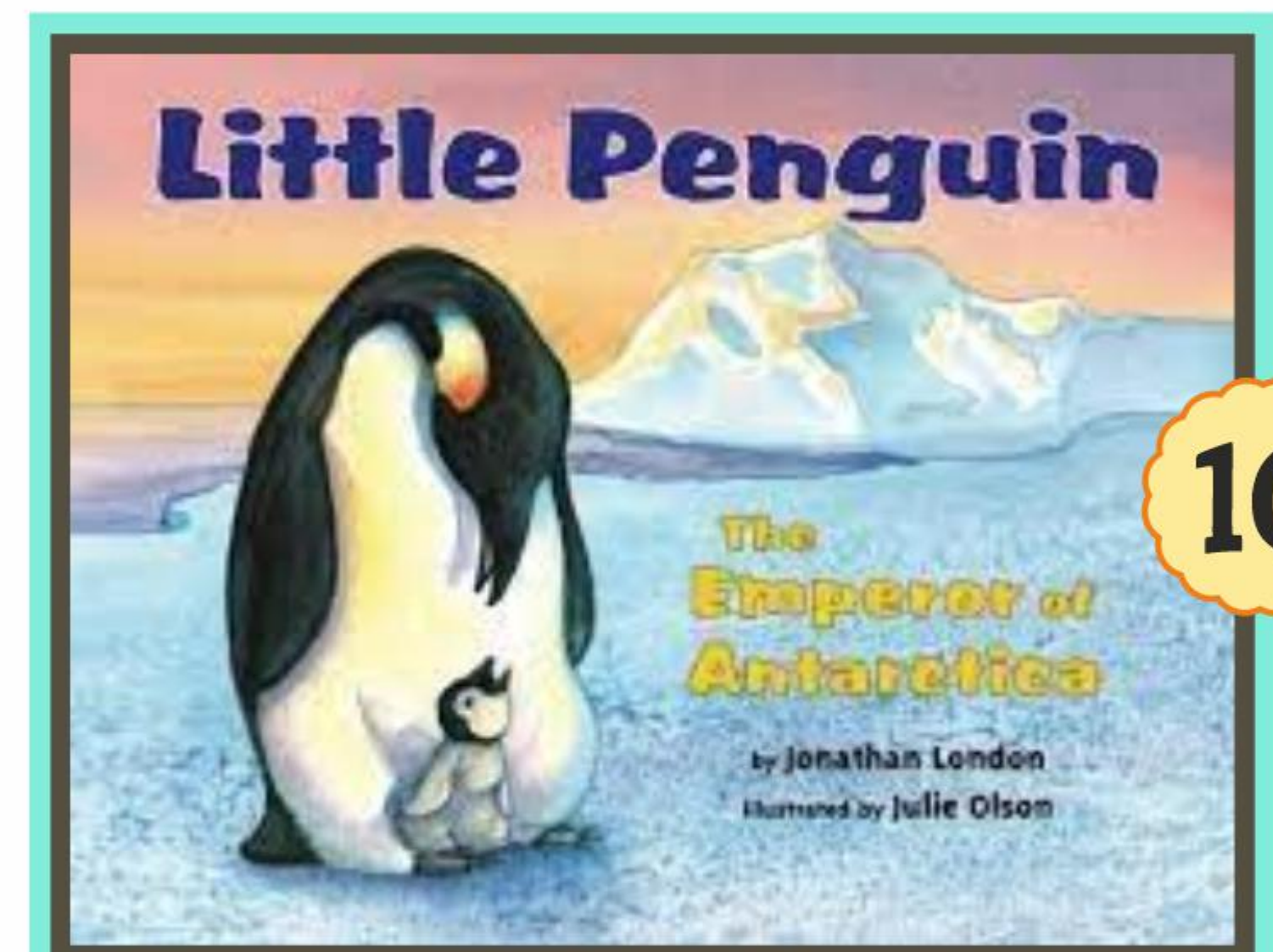
**Antarctic Journal**  
By Meredith Hooper



**Lost and Found**  
By Oliver Jeffers



**A Trip to the Bottom of the World with Mouse**  
By Frank Viva



**Little Penguin the Emperor of the Antarctic**  
By Jonathan London

Title of the Movie/Book:

## AGAINST THE ICE

Movie/Book Summary:

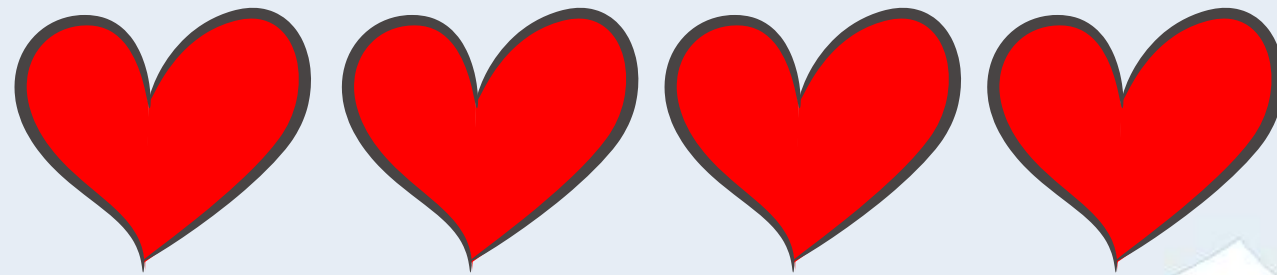
The two men succeed in finding the proof that Greenland is one island, but returning to the ship takes longer and is much harder than expected. Battling extreme hunger, fatigue and a polar bear attack, they finally arrive to find their ship crushed in the ice and the camp abandoned.

Movie/Book Reviewed By:

**MOHAMMED AFEEF**

How many hearts do you give this movie?

1 heart means the movie was really bad. 5 hearts means it was great!



Title of the Movie/Book:

## White Fang

Movie/Book Summary:

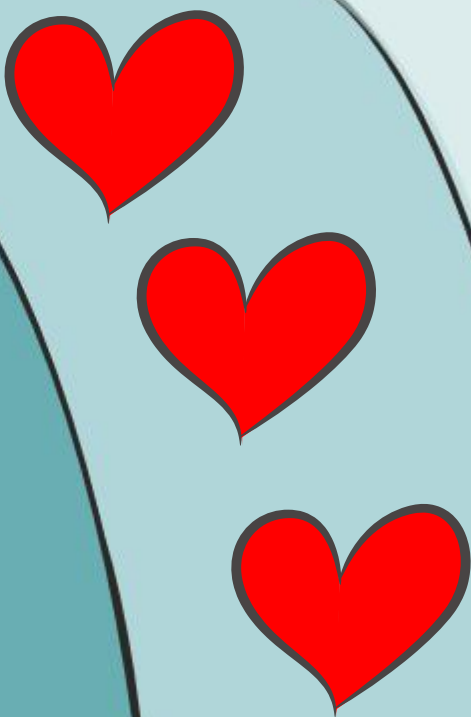
White Fang is the story of a wolf dog that is rescued from its brutal owner and gradually becomes domesticated through the patience and kindness of its new owner, Weedon Scott.

Movie/Book Reviewed By:

**Siddharth Acharya**

How many hearts do you give this movie?

1 heart means the movie was really bad. 5 hearts means it was great!



A sense of exploration is a quality that many people look for in careers. Some people are passionate about adventures and enjoy investigating the world around them. If you're among those who dream of exploring the North & South Pole then a few career options are available that will allow you to explore, know and see the continent in all its moods.

Atmospheric Physicist

Biologist

Ecologist

Geologist

Glaciologist

Mariner

Meteorologist

Oceanologist

Scientist



# The Inuit

The Inuit are Indigenous people of the Arctic and subarctic regions of Greenland, Canada, the United States, and far eastern Russia (Siberia). They are closely related to the Aleut.

Various Inuit peoples refer to themselves by different names, including Inuit, Inupiat, Yupik, and Alutiit, each of which means “the people” or “the real people” in the local language. Most of Canada’s Arctic peoples prefer the name Inuit. For hundreds of years, Europeans and others used the name Eskimo to refer to Arctic peoples. That name is considered offensive. It originated in the 1500s with the Innu people, who were traditional enemies of the Inuit.

The origins of the Inuit are uncertain. They have biological and cultural traits that distinguish them from neighbouring Indigenous peoples, including the Sami (Lapps) of northern Europe and the peoples known as First Nations in Canada and Native Americans in the United States. A significant percentage of Inuit have the B blood type, which seems to be absent from their Indigenous American neighbours. In addition, Inuit languages are distinct from those of the other Indigenous peoples of the Americas. Inuit languages belong to two divisions: Yupik, spoken in Siberia and southwestern Alaska, and Inuit, spoken in northern Alaska, Canada, and Greenland. Each division includes several dialects.

The traditional Inuit way of life was ideally suited for their frigid, snowy environment. Some Inuit spent the winter in snow-block houses called igloos. Others lived in well-insulated houses built partly underground; these consisted of stone or sod over a framework of wood or whalebone. In summer many Inuit lived in animal-skin tents.

With vegetable foods almost nonexistent, the Inuit ate mostly fish, sea mammals, and caribou (reindeer). They used harpoons to kill seals, which they hunted either on foot on the ice or from kayaks, which were skin-covered one-person canoes. The Inuit hunted whales using larger skin-covered boats called umiaks. In the summer, most families hunted caribou (reindeer) and other land animals with bows and arrows. Dogsleds were the basic means of transportation on land.

The Inuit made clothing from animal furs, which protected against the extreme cold. The Inuit preferred caribou furs, though they sometimes used furs of other animals—seals, polar bears, mountain sheep, and hares.

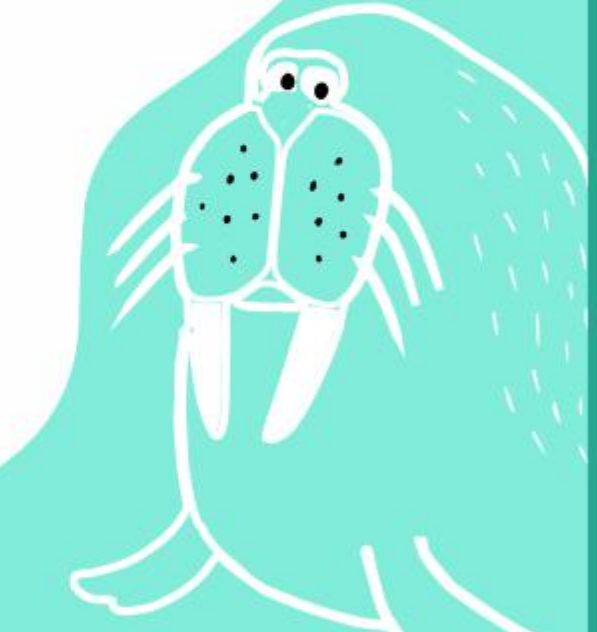
Inuit life has significantly changed because of increased contact with societies in the south. Snowmobiles have mostly replaced dogsleds for land transportation, and rifles have replaced harpoons in hunting. Boat motors, store-bought clothing, and other manufactured items have entered the Inuit culture, and money—unknown in the traditional Inuit economy—has become a necessity. Many Inuit have given up nomadic hunting and now live in northern towns and cities, often working in mines or oil fields. Others, particularly in Canada, have formed cooperatives to market their handicrafts, fish catches, and tourism ventures.

In 1999 a new Canadian territory, Nunavut, was carved out of Canada’s Northwest Territories as a homeland for Canadian Inuit. The name means “Our Land” in the Inuit language. Worldwide, population estimates in the early 21st century indicated that there were more than 135,000 individuals of Inuit descent, with some 85,000 living in North America, 50,000 in Greenland, and the remainder in Siberia.

**-SAMIK SILAS PINTO**  
**VI**



# Art from the Poles





# Spotlight @ PIS



## INDEPENDENCE DAY

Podar International School Mangalore, celebrated the 77th Independence day with great enthusiasm and patriotic spirit on 15 August 2023. The school campus was beautifully adorned with flags and decorations of the tri-colour. The program began with the welcoming and felicitation of the honorable Chief Guest, Sri.Devdas Pai, by the Principal Mr. Girish Kumar. Sri.Devdas Pai is an Air Force Personnel, who has served the Indian Air Force for more than 20 years. The National Flag was hoisted and the National Anthem was sung with true patriotism.

## HOUR OF PEACE

Podar International School Mangalore for the students of Grade 1 to 10 on August 19, 2023. The event titled "HOUR PEACE" Meditation and Super Healing sounds like a beneficial experience for the students. Led by Ms. Laxmi, the team head, the session included various exercises aimed at preparing the students for the "hour peace" meditation. It's intriguing to learn that this session was also conducted across Karnataka on the same day. The meditation itself lasted for about 20 minutes, yet it managed to leave a significant impact on the students who participated.



## YOUNG ENTREPRENEURS DAY

Podar International School Mangalore, under the IE theme 'Young Entrepreneurs - Discovering the Businessman in You' conducted a Special Assembly and an Interhouse Competition 'Pitch It! - The Clash of the Advertisements' on 23/08/2023 and 24/08/2023 to mark 'World Entrepreneurs Day'. On the occasion, a Talk Show was organized by the students wherein well-known entrepreneurs shared their life experiences. After that students from the four houses presented a variety of products ranging from solar wheelchairs, and herbal dyes, to food dispensers for animals.. in amazing and innovative ways.

## NATIONAL SPORTS DAY

Podar International School Mangalore conducted a Mini Marathon on the occasion of National Sports Day. The Mini Marathon started at the 4th Mile and ended in the school grounds. The students actively took part in the Marathon and celebrated National Sports Day in a different way.



## BIZ KIDS BAZAAR

Podar International School Mangalore, organized the culminating event 'BizKids Bazaar', under the IE theme 'Young Entrepreneurs - Discovering the Businessman in You' on 2 September 2023. For more click on <https://youtu.be/SUSV-1Tfx4k/> Biz Kids Bazaar

## NO BAG DAY

Podar International School Mangalore organized No Bag Day 'A day without bags' on 04 September 2023. For more click on [No Bag Day / https://youtu.be/V2EpmvDK5x0](https://youtu.be/V2EpmvDK5x0)



## PODAR VOLUNTEER PROGRAM

Podar International School Mangalore conducted a Podar Volunteer Program

on 28th August 2023. To instil a sense of empathy and social responsibility in our students, a Donation Drive for the 'Children's Orphanage - Bala Samrakshaona Kendra', Kuttar is organised every month. The centre was visited by Grade 10 students. Students from each class contribute to this noble cause by bringing specific materials or items designated to their respective classes



## TEACHER'S DAY

Podar International School Mangalore celebrated 'Teacher's Day'. The importance of the day was shared by the headboy, cultural programs which included dances and melodious songs were presented on the theme. Hand-made cards by students were presented to all the teachers. A few games were organised for the teachers.

## KRISHNA JANMASHTAMI

Podar International School Mangalore celebrated 'Krishna Janmashtami'. Graceful dances were presented by students of grades 1 to 3. Students displayed team-work, enthusiasm and had fun breaking the dahi-handis.



## HINDI DIWAS

Podar International School Mangalore celebrated 'Hindi Diwas' on 14 September 2023. Through a variety of programmes; speeches, dances, and songs, the significance of the 'Hindi' language was conveyed. It is a language which unifies people from different parts of India.

## COASTAL CLEAN-UP DAY

Podar International School Mangalore participated in the International Coastal Clean-Up Day (ICC) on 16 September, 2023. In accordance with the ongoing efforts of the Government of India for the Swachh Bharat Abhiyan through 'Swachh Seva Campaigns', the Indian Coast Guard (ICG) conducts ICC in all coastal States and union territories in the third week of September. Under the theme, 'Cleaner Beaches and Cleaner Sea', students of Classes 7 to 9 were actively engaged in cleaning the coastal beach area of Panambur Beach, Mangalore, with the aim of fostering awareness among school children and the general public in keeping the Marine environment clean and unpolluted.



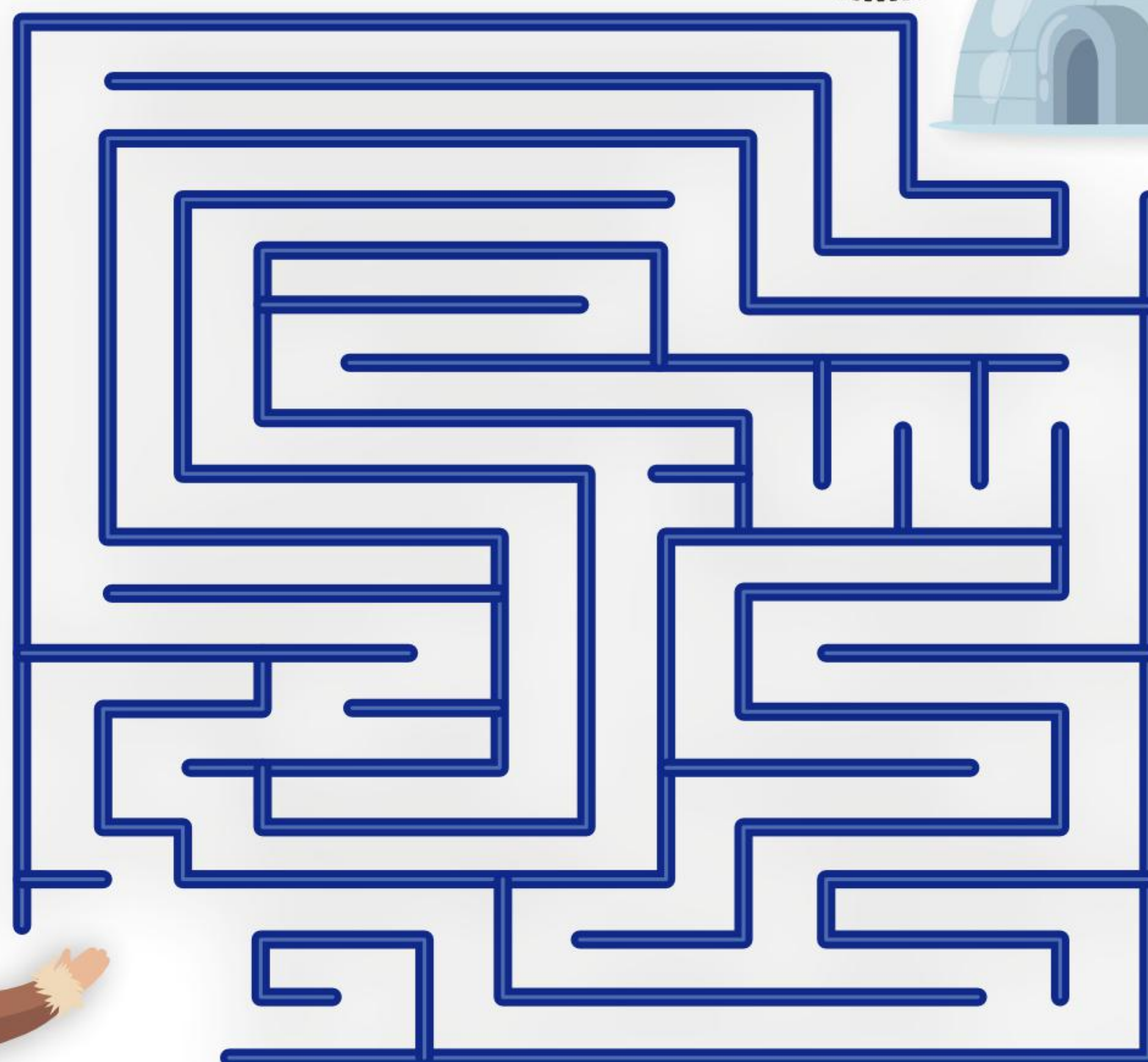
## II FIRE MOCK DRILL

Podar International School, Mangalore, conducted a mock fire drill on 16 September 2023. The emergency bell was rung, immediately after which, students and staff gathered at the assembly point through the emergency exit points. Once there, head count was taken and students were briefed about the safety measures they need to observe in such situations. Students found it to be a very informative session.

# Brain Play

## MAZE PUZZLE

Welcome home!



Let's find our way to the Igloo.

### Fun Fact

A polar bear's skin is actually black, its fur is also translucent, and only appears white because it reflects visible light.

### Complete the word search

Q	E	F	I	C	I	F	I	O	O	C	P	I	L	N	I
B	E	L	N	H	Z	Q	F	O	O	O	V	H	O	W	P
R	E	A	Z	C	V	B	L	L	L	Z	O	R	P	K	H
A	G	R	N	G	D	G	D	A	M	S	T	V	H	K	V
B	Y	C	L	Z	I	X	R	D	E	H	K	X	V	C	W
B	J	T	S	Y	I	B	J	Q	P	N	K	H	T	H	F
I	G	I	K	C	E	C	X	O	O	Y	A	A	A	F	H
T	M	C	E	A	Z	Z	L	D	A	R	K	N	E	S	S
O	C	F	R	Q	I	E	Y	N	U	A	W	Z	O	E	T
S	L	O	E	S	W	F	C	I	T	C	R	A	T	N	A
N	T	X	V	G	L	L	U	K	C	I	T	C	R	A	O
S	E	A	L	S	U	Y	K	F	S	E	C	F	Z	O	J
M	P	V	M	E	Q	N	V	C	B	Y	Z	H	D	H	S
W	X	R	P	N	I	U	G	N	E	P	L	E	R	H	D
A	O	R	B	O	U	P	F	J	L	P	G	A	E	L	T
M	X	G	M	A	P	X	X	X	D	N	F	L	Z	R	L
C	S	M	I	X	O	M	I	K	S	E	H	T	B	K	F

Note: The words could be horizontal, vertical, diagonal or backwards.

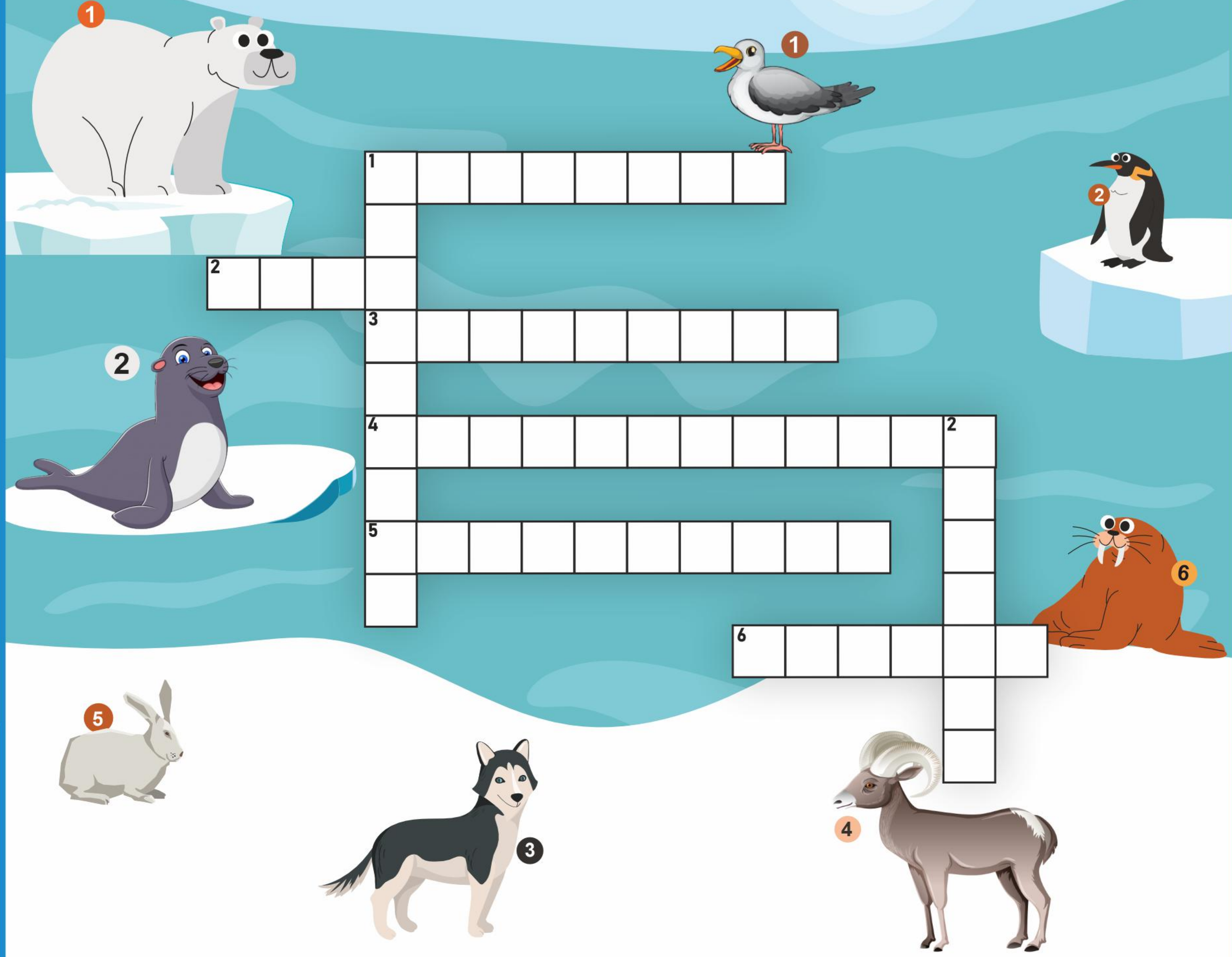
Polar Bear  
Ice  
Darkness  
Antarctic  
Rabbit

Freeze  
Arctic  
Arctic Fox  
Igloo  
Penguin

Seals  
North Pole  
Eskimo

# Crossword

## - Animal -

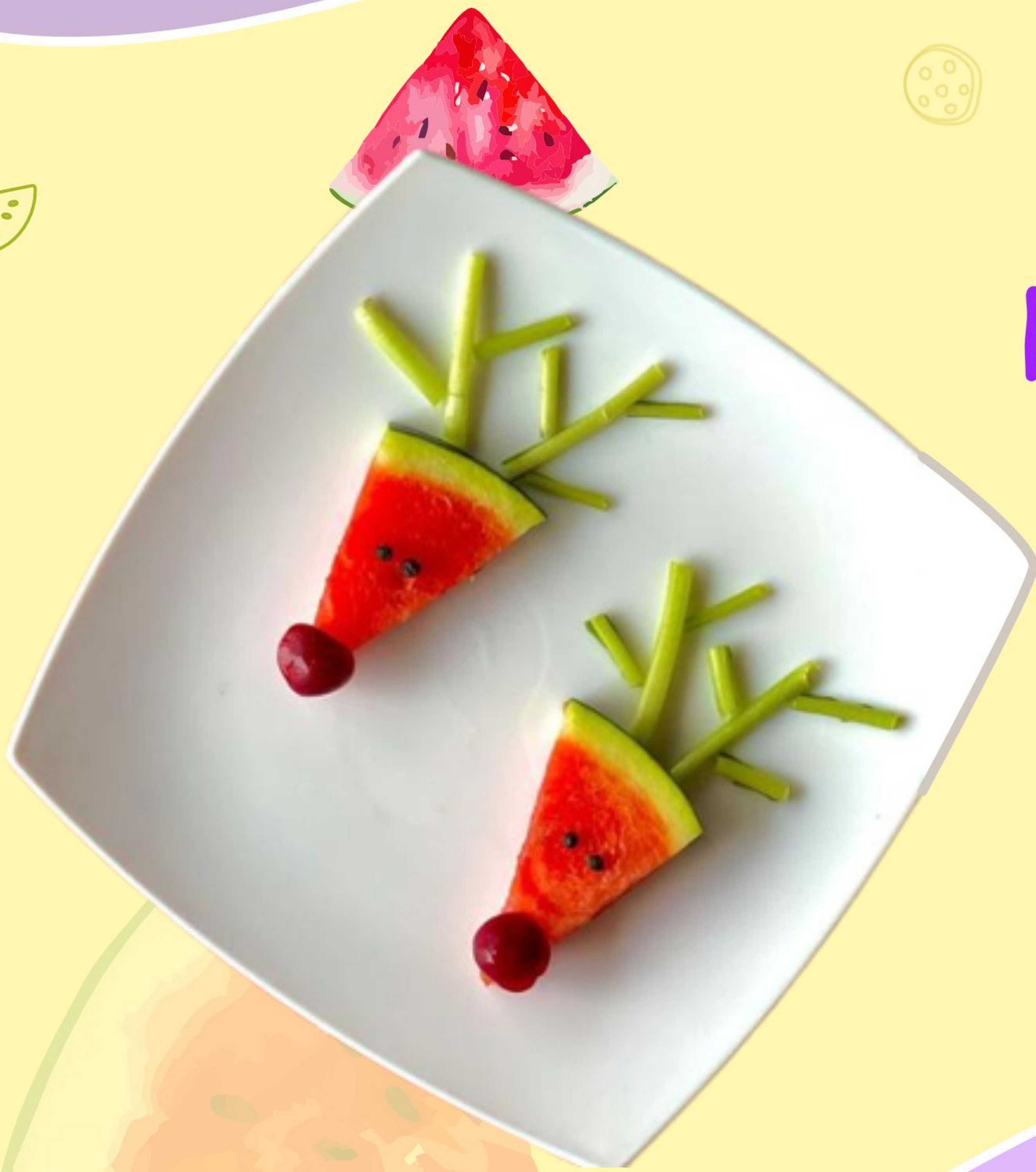


1. POLARBEAR, 2. SEAL, 3. ARCTICFOX, 4. BIGHORNSHEEP, 5. RABBIT, 6. WALRUS

# Find the difference



# Bites & More



## Healthy Fruit Reindeer

### Ingredients

1. Watermelon
2. Cherry/Black grapes

mmm!

## Yummy Oreo Penguins

### Ingredients

1. Oreo Biscuits
2. M&M / Gems



# Snack it with easy Bread Polar Bear

## Ingredients

1. Bread
2. Butter / Cream cheese
3. Banana
4. Black Grapes



mmm!

a. Melt it..



b. Dip it..



## Delicious chocolate dip Polar Bear

## Ingredients

1. Oreo Biscuits
2. White candy melts
3. M&M / Gems



c. Freeze n decorate!!

